

Danville Community Middle School

Athletic Department

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TO: Cloverdale, Danville, Greencastle, Lebanon, Mooresville Christian Academy, North Putnam, Plainfield,

Southmont, and South Putnam

FROM: Anna Hopkins, Athletic Director

RE: David R. Landes Cross Country Memorial Invitational

On Thursday, September 24, 2020 the 25th Annual David R. Landes Cross Country Memorial Invitational will be held at 5:00. The meet will be held at Danville South Elementary School. The elementary is located on the west end of town behind Danville HIGH School and just east of Danville Middle School. Please have your bus park in the east parking lot (go to the left when the drive makes a Y).

Only seven boys and seven girls are allowed to run. There will NOT be a reserve race.

We will be using Alpha Timing. Information is attached on how to register for Alpha Timing.

MEET INFORMATION

4:30 P.M. Course Tour - Warm up (map attached)

5:00 P.M. Start of girls' varsity race
Seven (7) team members maximum
Individual trophy to winner
Individual ribbons to top 25 individual finishers
Team trophy to winning team
Team ribbons to the winning and runner-up teams

5:30 P.M. Start of boys' varsity race
Seven (7) team members maximum
Individual trophy to the winner
Individual ribbons to the top 25 individual finishers
Team trophy to winning team
Team ribbons to the winning and runner-up teams

NO AWARDS CEREMONY THIS YEAR DUE TO COVID. COACHES WILL BE GIVEN RIBBONS AND THE INDIVIDUAL TROPHY AND TEAM TROPHY.

THERE WILL NOT BE A RESERVE RACE.

Times are approximate. Runners should be ready for their own race.

In case of rain to the point we would have to cancel, we will try to reschedule with as many teams that can come on a make-up date "to be determined".

There will be an entry fee of \$50.00. Checks payable to Danville Middle School.

COVID-19 PROTOCOL NEXT PAGE FOLLOWED BY ALPHA TIMING INSTRUCTIONS

Cross Country Protocol due to Covid-19

- 1. Start line will be spaced out further apart to help with social distancing.
- 2. All runners must be mask-up unless warming up or within the 5 minute warning to start the meet at which time they should head to the start line. Once they've finished the race, they should mask-up as soon as their breathing is back to normal.
- 3. Finish line helpers distributing numbers will wear masks.
- 4. There will be no ribbon ceremony post meet. Coaches should come to the scorer's table to receive their ribbons at the conclusion of the meet.
- 5. All coaches must mask-up at all times on school grounds.
- 6. All visiting runners should arrive in uniform. There will be no locker rooms available for visiting teams.
- 7. Visiting runners should bring their own water bottles. Teams are encouraged to bring their own large cooler with water. Danville is not allowed to furnish any water coolers to visiting teams this year.
- 7. Runners and coaches should utilize the 6' social distancing guideline whenever possible.
- 8. There will be no after meet handshakes or congratulatory lines.
- 9. DCMS runners must mask-up anytime while on a school bus.
- 10. All spectators must be mask-up.

Course Map:

The course map is located on the next page. The runners start at the black line and finish at the blue line. The will run towards the tree line and go into the woods first. Once the come out of the wood they will stay long the tree line to their left. They will then enter through the soccer field gate and along the soccer field towards Lincoln Street. Then they will run parallel to Lincoln Street. They will go around the South Elementary Sign. They will then head toward the soccer field again running alongside the fence. This will take them back to the start line where they will complete the same loop again (2 loop course). On their second loop, they will head into the finish line shoot which is very close to the start line area. It will be clearly marked. For those that have run here in the past, it is the same course. We've just moved the start line up for more room and the finish line back to accommodate the change of the start area.



Please read this page fully, it will answer most questions!

- Entry will be done via www.athletic.net Online Entry. Instructions on how to use the system are posted there. Please read <u>fully</u> before emailing with questions.
- Meet info is also posted @ www.alphatiming.net Event Info tab to view at any time.
- If you have an account from another meet this season or last year, CC or track, please use that username & password. No need to create a new account each year/season. Use the forgot password feature if you need help with your password. Use the same account for CC & track by choosing Manage roster for the one you want to work with. No need for different accounts for boy/girls if you coach/manage both.
- NEW COACHES: best thing is to ask prior coach to log in, add you as coach then you can remove them. If not possible then email athletic.net support to be added as a coach, this can take up to 48 hours so plan accordingly.
- USE proper names for each athlete in athletic.net. If you have a Joe but his name is Joseph use Joseph to register him, the IHSAA wants proper names used throughout the season.
- Simply enter your COMPLETE roster for each gender if you have not this season already, include grade levels for each. Enter into the meet UP TO 9 to choose from on meet day, please help us by not 'forgetting' any runners. There are ample opportunities to check and re-check your entries for missing athletes, spelling, correct genders, etc. We are not concerned if they do not end up running once entered.
- > 2 STEP entry process! Entering your roster is only step 1. STEP 2 is going to MEETS and choosing REGISTER for a specific meet and following the instructions on this process you will enter UP TO 9 into the specific meet.
- You may check that you have correctly entered within athletic.net on the meet page itself.

 Please don't email to ask us, we'd love to help but with as many meets as we have it is impossible.
- Roster Entry deadline Thursday, September 17th, 11am. After this time all entries are closed so we may prepare the meet for you.
- So we may run a great meet for you and your athletes please adhere to the manner in which we ask for your information; enter your ENTIRE TEAM; and adhere to the deadlines we ask for it all. Please don't wait until the last moments to begin the registration process, you won't stress yourself out this way!
- ➤ Email is the best contact. Please keep in mind that we will return most emails/calls during normal business hours M –T 10am-4pm; F 10am-noon.
- Results will be posted to www.alphatiming.net (prior to leaving the site), athletic.net & sent to the Indy Star, asap after the meet.
- > *Be sure to allow my emails, emails from support@alphatiming.net & from athletic.net back in to your server if using school accounts*

Good Luck!

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