Cascade High School Athletic Department
6565 S. County Rd. 200 W., Clayton, Indiana 46118
(317) 539-9315
www.gocadets.com

ATHLETICS

WESTERN INDIANA CONFERENCE
2017 CROSS COUNTRY CHAMPIONSHIPS

Date: Saturday, September 30, 2017

Location: Cascade High School
6565 South County Road 200 West
Clayton, IN 46118

Parking: Fans can park in the large parking lot behind the high school. Buses may drop off at the football gate but should then proceed to park at the west end of the large parking lot.

Schedule: 9:00 – High School Packet Pickup & Coaches Meeting
10:00 – Boys Varsity Race
10:30 – Girls Varsity Race **
11:15 – Coed JV Race **
11:15 – MS Coaches Meeting
11:45 – HS Awards Ceremony (in front of bleachers)
12:00 – MS Boys Race
12:30 – MS Girls Race
**Race will begin approximately 5 minutes after last finisher in previous race.

HS Awards: All-Conference top 15 runners in each race
1st place boy/girl will receive the Chad Smith Award

General Information:
Starter – Randy Barrett
Timing & Scoring – Alpha Timing
T-Shirts will be available
Concessions will be available
There will be no dressing facilities available
Teams are NOT permitted to set up camp on the football and soccer field.

Meet Directors:
HS – Scott Stevens (Cascade HS Athletic Director)
317-797-7032   sstevens@mccsc.k12.in.us
MS – Kale Blickenstaff (Cascade MS Athletic Director)
317-373-2888   kblickenstaff@mccsc.k12.in.us

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- Entry will be done via **www.athletic.net** Online Entry. Instructions on how to use the system are posted there. Please read <u>fully</u> before emailing with questions.

- Meet info is also posted @ www.alphatiming.net   Event Info tab to view at any time.

- If you have an account with us from another meet this season or last year, CC or track, please use that username and password. You do not need to create new accounts each year/season. Use the forgot password feature if you need help remembering your password. You can use the same account for CC & track simply by choosing Manage roster for the one you want to work with. No need for different accounts for boy/girls either, if you coach/manage both.

- USE proper names for each athlete in athletic.net. If you have a Joe but his name is Joseph use Joseph to register him, the IHSAA wants proper names used throughout the season.

- Simply enter your COMPLETE roster for each gender, include grade levels for each. Enter into the meet EVERY athlete that has <u>any</u> potential to run, please help us by not 'forgetting' any runners. There are ample opportunities to check and re-check your entries for missing athletes, spelling, correct genders, etc. We are not concerned if they do not end up running once entered.

- **2 STEP entry process!** Entering your roster is only step 1. **STEP 2** is going to MEETS and choosing REGISTER for a specific meet and following the instructions on this process you will enter your ENTIRE roster into the specific meet.

- **You may check that you have correctly entered within athletic.net on the meet page itself.**

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CASCADE
ATHLETICS

➢ <mark>Roster Entry deadline Thursday, September 21st, 10am .</mark> **After this time all entries are closed so we may prepare the meet for you.**

➢ So we may run a great meet for you and your athletes please adhere to the manner in which we ask for your information; enter your ENTIRE TEAM; and adhere to the deadlines we ask for it all. Please don't wait until the last moments to begin the registration process, you won't stress yourself out this way!

➢ Email is the best way to contact me. Phone calls are hard to return with all the meets we have going on, please use email. Please keep in mind that we will return most emails/calls during normal business hours M –T 10am-4pm; F 10am-noon. We try for same day but at times that is just not possible.

➢ Results will be posted to www.alphatiming.net (prior to leaving the site), athletic.net & sent to the Indy Star, asap after the meet. We will print limited sets of results to be picked up after the meet.

➢ ***Be sure to allow my emails, emails from support@alphatiming.net & from athletic.net back in to your server if using school accounts***

Good Luck!   *Follow us on Facebook & Twitter*

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