



**2024 Shelbyville Golden Bear Invitational**  
**Shelbyville HS**  
**Thursday, April 25, 2024 5:30pm start**

**Schools:** Cathedral, Madison, Seymour, Shelbyville  
 Coaches please email your cell and email address to: [michelle@alphatiming.net](mailto:michelle@alphatiming.net) so we may contact you with important information throughout the process.

IMPORTANT MEET DEADLINES	
Coaches submit entries online via Athletic.net online entry <a href="http://www.athletic.net">www.athletic.net</a>	2pm – Monday, April 22
Entry/Performance List Posted (if all entries in) to <a href="http://www.alphatiming.net/EventInfo">www.alphatiming.net/EventInfo</a>	11pm –Tuesday, April 23
Coaches’ Corrections (missing athletes etc, not time/mark updates) Due	2pm – Wednesday, April 24
Heat Sheets Posted to <a href="http://www.alphatiming.net/EventInfo">www.alphatiming.net/EventInfo</a>	11pm – Wednesday, April 24
Meet Day early scratches w/replacements Due via email: <a href="mailto:michelle@alphatiming.net">michelle@alphatiming.net</a>	2:00 pm – Thursday, April 25
Meet/Final scratches due by (in person to Kelly Smith)	4:45 pm – Thursday, April 25

**Entries:** WILL BE DONE VIA [WWW.ATHLETIC.NET](http://WWW.ATHLETIC.NET). COACHES YOU MUST REGISTER YOURSELF AND YOUR TEAM. WE CANNOT ANSWER QUESTIONS ON ENTRY, YOU MUST USE THE CONTACT US FOR ENTRY HELP. ALLOW UP TO 24 HOURS FOR A RESPONSE THEY ARE ON CALIFORNIA TIME.

See last page, be sure to read all instructions carefully and remember deadlines.

2 entries + 1 alternate per event. Being an alternate counts as an event; athletes may compete in 4 events Maximum but see new rule for 2019 on last page.

2 relays per school, per event, per gender. You may list up to 8 possible relay participants, any 4 of which you may have report to the clerk to compete. Only 1 team may score.

No person will be allowed to compete if not listed either as the entered athlete or the designated alternate in that event and all changes to the designated alternates must be made prior to or at the coaches scratch meeting.

**Entry/Performance lists** will be posted for review as listed above assuming all entries in on time.

**Coaches Corrections** are due by the time date/time listed above, this is for change of athlete needed, change of event etc but not for time/mark updates. Coaches it is your responsibility to re-check these and report needed changes prior to the correction period ending.

**Heat sheets** will be posted as above. Email your known allowed scratches up to 2 p.m. on meet day. After that see Kelly Smith as soon as you arrive with additional scratches. The URL [www.alphatiming.net](http://www.alphatiming.net) will be your meet resource.

### **Coaches Meeting:**

5:00 p.m. in meeting room located in the concessions/restroom building

ALL SCRATCHES MUST BE IN BY THIS TIME.

Straight take out and replace by alternates will be used, following sectional rules. There will not be any reseeding. Be sure to list alternates in all events. **ONLY AN ALTERNATE LISTED IN A PARTICULAR EVENT MAY REPLACE A SCRATCHED ATHLETE IN THE SAME EVENT.** Bring a heat sheet copy with you to the coaches' meeting.

### **Time Schedule:**

Coaches Meeting in fieldhouse classroom	4:50 p.m.
Field events	5:30 p.m.
4 X 800 Relay	5:30 p.m.
Track Trials	6:00 p.m.
Shelbyville Senior Recognition	6:25 p.m. <i>Approximately</i>
Track Finals	6:45 p.m. <i>Approximately</i>

### **Admission:**

\$6.00 Kindergarten and up, no discounts. **NO PETS allowed.** Properly trained, Licensed service animals will be permitted, you may be asked to show the service

\*\*IN ADVANCE Purchase online with credit card @

<https://websites.eventlink.com/s/shelbyville-high-school/Event/d336bc21-c453-40a7-b1c4-511faef7ccd2>

ON SITE will be CASH ONLY accepted.

### **Scoring:**

Individual Events 6, 4, 3, 2, 1 Relay Events 6, 4, 2

### **Field Events:**

- ◆ The field events will be in the following order:
  - a. 5:30 Boy's: discus, long jump; Girl's: high jump, shot put, pole vault
  - b. Followed by: Girl's: discus, long jump; Boy's: shot put, high jump, pole vault
- ◆ All implements must be weighed in prior to competition. All implements not meeting weight specifications will be impounded until the conclusion of the competition.
- ◆ Long, Shot, Discus will progress from trials to finals with the top eight going to the finals. The finalists in the shot put, discus, and long jump will be allowed three efforts in the trials and three more efforts in the finals.
- ◆ Each competitor will be credited with the best of all of his/her efforts.
- ◆ The participant must notify the field event judge that he/she is leaving to report to a running event. **RUNNING EVENTS TAKE PRECEDENT OVER FIELD EVENTS.** The participant must immediately return to the field event from which he/she was excused after the

completion of their running event they will then be given up to 10 minutes to re-enter competition.

- ◆ Starting heights in HJ & PV will be determined by Meet Director once entries are in.  
\*In order to keep the pole vault running in a timely fashion - - Athletes will have 1-1/2 minutes between each vault!

### **Running Events:**

The first two (2) finishers in each heat of the trials and the next four (4) fastest times will advance to finals. The finals will begin at approximately 6:45 p.m.

### **Clerk of the Course:**

Entrants should report to the SOUTH end of the straightaway (end nearest the tennis courts) to the Clerk of the Course by the second call in each event to check in. If hip numbers are used hips shall be placed on the left side hip or directly on leg, totally viewable from the side. Those athletes not reporting will be scratched and such will be ineligible from any further competition in the meet.

### **Entry Fee:**

A \$150 entry fee per gender is due by the event date and is payable to Shelbyville High School.

### **General Information:**

- ◆ Teams should set up camps away from event areas in grassy areas or in the visitor's bleachers on the west side of the track. NOT on the infield.
- ◆ Athletes should remain outside of the track fenced in area unless they are competing in an event.
- ◆ Coaches & non participating athletes are not allowed inside the fence around the track.
- ◆ **Electronic devices are not to be worn by any competing athletes other than in team camps. They are not allowed to be worn/used inside the track fencing or at any field event area, from time of arrival until time of departure.** This includes cell phones.
- ◆ Awards: Individual Events: winners medals; ribbons 2nd-6th; Relays: winners medals; ribbons 2nd-5<sup>th</sup>. A trophy will be presented to the winning teams, male and female.
- ◆ All races will be placed and timed using **FAT timing and will move quickly**. The finish photo is available only to the meet director, head finish judge, starter, and assistant starter.
- ◆ The Games Committee will consist of the assistant starter, one boys head coach, one girls head coach, and the meet director, to be determined in the coaches meeting by volunteers or draft.
- ◆ Meet management reserves the right to change meet conduct, push, delay, or cancel the meet due to weather concerns.
- ◆ Should severe weather arise all athletes will need to return to their bus or go into the HS locker rooms. No one will be allowed to remain under the bleachers.
- ◆ There is no rain date for the meet, we will make every attempt to get the meet in and over at a reasonable time, even if we have to change the format.
- ◆ PLEASE ask athletes to remove spikes before using restrooms.

### **Contact :**

Michelle Nolley, [michelle@alphatiming.net](mailto:michelle@alphatiming.net) (preferred) or 317-403-8594 (c)



## IMPORTANT ENTRY INFORMATION

Entry Process: ONLY VIA [WWW.ATHLETIC.NET](http://www.athletic.net) ONLINE ENTRY SYSTEM

**DO NOT WAIT UNTIL THE LAST MINUTE TO START THIS PROCESS. START EARLY! (IN CASE SOMETHING COMES UP OR YOU NEED HELP FROM SUPPORT {CA TIME})**

**YOU CAN MAKE CHANGES TO NAMES/EVENTS/MARKS/TIMES UNTIL THE DEADLINE.**

- For your alternates please enter them with NO TIME/NO MARK and type ALT into the note box.  
NOTE: I cannot see your designated alts in the download, I have to guess unless you use the NT/NM for them so it is on you to check these on the perf lists when posted and notify of changes by the Coaches Correction deadline.
- For your declared competitors please enter a legitimate mark or a probable mark.
- 2 entries + 1 alternate may be listed for each individual event.
- 1 relay per gender/school. You may list up to 8 possible relay participants.
- Being an alternate counts as an event, see new rule on last page but ultimately athletes may only compete in 4 events..
- You may only scratch and replace with your declared alternate, straight take out and replace method is used.
- No reseeding unless results in fewer heats.
- Once entry is submitted NO time/mark updates; once coaches correction period ends no switches of any kind except to declared alternates. (This does not mean you can declare another alternate, if you change to alternate).

IMPORTANT MEET DEADLINES	
Coaches submit entries online via Athletic.net online entry <a href="http://www.athletic.net">www.athletic.net</a>	2pm – Monday, April 22
Entry/Performance List Posted (if all entries in) to <a href="http://www.alphatiming.net/EventInfo">www.alphatiming.net/EventInfo</a>	11pm – Tuesday, April 23
Coaches' Corrections (missing athletes etc, not time/mark updates) Due	2pm – Wednesday, April 24
Heat Sheets Posted to <a href="http://www.alphatiming.net/EventInfo">www.alphatiming.net/EventInfo</a>	11pm – Wednesday, April 24
Meet Day early scratches w/replacements Due via email: <a href="mailto:michelle@alphatiming.net">michelle@alphatiming.net</a>	2:00 pm – Thursday, April 25
Meet/Final scratches due by (in person to Kelly Smith)	4:45 pm – Thursday, April 25

[www.alphatiming.net](http://www.alphatiming.net) will be your meet resource find meet info, heat sheets and results.

IHSAA Sectional rules will govern unless otherwise noted in this information.

Questions & Scratches: [michelle@alphatiming.net](mailto:michelle@alphatiming.net) MEET MANAGEMENT RESERVES THE RIGHT TO ADJUST THE MEET FORMAT due to bad weather, including, but not limited to, changing to finals only in running and field events, moving up or delaying start times, and adjusting number of field attempts.

NEW IHSAA RULE FOR 2019, please read and be aware of this rule.

✓ **ATHLETE ENTRY LIMIT (NEW RULE NFHS Rule 4.2.2) READ CAREFULLY!!!**

*A contestant shall not be entered in more than four events, excluding relays. If a contestant is entered in more than the allowable number of events, meet management shall scratch the contestant from the excess event(s) by following the listed order of events.*

*Contestant may officially enter:*

*Four Individual events                      No relays allowed.*

*Three Individual events                    May be listed on any number of relays but compete in only 1 relay.*

*Two Individual events                    May be listed on any number of relays but compete in only 2*

*Relays.*

*One Individual event                    May be listed on any number of relays but participate in only 3 relays.*

*Zero Individual events                    May be listed on 4 relays and may compete in 4 relays.*

*Penalty: A competitor who participates in more events than allowed by rule shall forfeit all Individual places and points and shall be disqualified from further competition in that Meet. In a relay event, the team's relay points and place(s) shall also be forfeited.*