

IHSAA Girls Track and Field Regional #6
Shelbyville High School
Tuesday May 21, 2019



- Participants:** Sectional Feed-in Sites: Connersville, Franklin Community, Franklin County, Shelbyville
- Rain Date:** Wednesday, May 22, 2019 (must be severe to postpone)
- Regional:** 1st, 2nd, and 3rd place regional winners in all individual events and relays plus any individual or relay team meeting the 3 participation standard in the regional finals of their event. An individual or relay team shall not advance to the state finals from the regional finals unless the time is recorded by fully automatic timing (FAT). If there are less than 3 in any event meeting the 3 participant standard, the next best regional finishers shall be added to the total number of entrants to 27 in each event. These are called Call Ups. You will NOT be notified of this, you must check the performance list posted as per this meet information. If your CALL UP does not want to accept please email michelle@alphatiming.net asap.
- Tickets:** \$7:00; All qualified contestants in uniform along with team personnel will be admitted free. School administration should identify themselves at the gate.
- Schedule:**
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| Facility Open | 4:45 |
| Final scratches due | 5:25 |
| Coaches/Workers Meeting | 5:30 |
| Field Events | 6:00 (discus followed by shot) |
| 4x800 Relay | 6:15 |
| Trials | Immediately after the 3200 Meter Relay |
| National Anthem/Finals | 20 minutes following the end of the time Trials |
- Coaches Meeting:** The coaches meeting will occur at 5:30 in the Classroom near the restrooms. **Only one (1) HEAD COACH from each team should attend this meeting.** No athletes are permitted in this area at any time during the event.
- Implements:** All implements must be certified prior to the event. Implements will be certified near the restrooms. All implements that are not certified will be impounded but may be picked up at the conclusion of the meet. SHS is not responsible for left items.
- Pole Vault** A Pole Vault Verification Form is posted on the IHSAA.net site under the GTR tabs in the Sectional Documents section. All coaches are required to verify their athlete's weight and pole rating at each level of the tournament. **YOU WILL NEED TO PRINT THE FORM.** This completed form must be brought with you to be turned in to the head field judge prior to the regional competition.

- Jury of Appeals:** Jury of appeals will consist of the assistant starter, meet director and three (3) coaches and will serve in an advisory role to the starter.
- Clerk of Course:** Entrants should report to the clerk of the course by the 2nd call of the event. The Clerk of the Course will be located at the start of the 100's for all events. Contestants not reporting will be scratched from this and all events following. **Entrants are encouraged to check in early but not leave the area.**
- Hip Numbers:** Will be used. Show your athletes prior to arrival where hips are to be placed. On the HIP, not the front of the leg, not under a shirt. Hips must be visible at all times throughout the race. If we cannot see them they are not properly uniformed and we also will not be able to provide you splits. Please help us with this!
- Seeding/Call Ups:** We will not send out perf or heat sheets, they will be posted by the deadline to www.alphatiming.net under Event Info. Coaches are responsible for viewing them to check for 'call backs' when used. There is no other notification for this.
- Score/Time:** Alpha Timing will be conducting the seeding, perf list, heat sheets, timing and results of the meet. Please refer to www.alphatiming.net for details and results.
- Scratches:** Once heat sheets are posted, coaches are highly encouraged to send any known scratches via email to michelle@alphatiming.net up until 1:30 meet day, after this see Alpha immediately upon arrival near the finish line no later than 5:25 pm. Early scratches are VERY helpful. Last minute scratches must be done prior to the start of the coaches meeting. Anyone not scratched properly and not reporting will be out for the balance of the meet.
- Results:** Will be posted to www.alphatiming.net under results, on the IHSAA website and sent to the Star.
- Warm Up Areas:** Teams should use the WEST side bleachers when not actually competing and use back straightaway for warm up area when track is not in use. Athletes are required to pay attention to the whole track. NO ELECTRONICS TO BE WORN OR USED IN WARM UPS or AT AN EVENT AT ANY TIME.
- Field Event Warm-Ups:** No athlete may begin warm up in any field event until their coach or the field event is present and remains there. Anyone warming up without the presence of either may be DQ'd. All athletes must leave the field event area when the event completes.
- Electronics:** Headphones, cell phones, iPods, etc are not to be used or worn by athletes in any competition area, this includes areas where they stage for shot and discus and anywhere inside the track fencing. This is in effect from arrival at the facility until time of departure. Coaches be sure your athletes know this in advance.

- Team Camps:** Camps may be located outside of the track area but not around the finish area or clerking area. No team camps in the home bleachers.
- Restrooms and Concessions:** Available behind the home bleachers.
- Coaches Areas:** Coaches are required to stay off of the infield at all times with the exception of 1 PV coach per team with PV athletes. There are not coaches boxes for any other events. Non-competing athletes must also stay off the infield at all times.
- Awards:** The winning team will receive a trophy. Top 8 individuals will receive ribbons. Ribbons may be picked up upon finish, along with results at the finish line or score trailer. Eight places will be scored (10-8-6-5-4-3-2-1) including the relays.
- Press Box:** Only meet personnel are allowed in the press box along with individuals representing the media provided they have credentials.
- Media:** A request for media credentials must be received by SHS Athletics in advance of the meet. Media photographers will have limited access to the infield area.
- Spectators:** Fans/patrons may sit in the east side (home side) bleachers. No one is allowed in the infield area except for meet participants, meet management and credentialed media.
- Locker Rooms:** No locker room space will be available. Shelbyville HS will assume no liability for lost/stolen items.
- Bus Parking:** Buses should drop off participants at the front gate of the football field and may proceed to park in the designated bus parking lot which is striped up near the school and Gate 4.
- Film/Taping:** Taping/filming may be permitted at any time provided approval is obtained from meet management. All taping/filming is restricted to areas outside of fenced track area, and not interfering with the operation of the meet. Filming is NOT allowed from the press box area. Coaches may not show athletes any film/tape/video inside competition areas, see rule book. Additionally, no video/film/tape may be used or viewed in a situation of an official's call, see rule book.
- Financial Terms:** Regional expenses shall be paid by the center school from the gross receipts. No travel, meal nor lodging allowance will be paid.
- Starting Blocks:** will not be furnished. Please plan to bring your own. SHS is not responsible for left items.
- Safety:** Should the need arise to vacate the stadium, do not remain underneath the bleacher areas. The bleachers are aluminum and serve as a great conduit for electricity, making this area extremely hazardous in an electrical storm. Please have a plan in place with

your team to either return immediately to your bus or you may enter the school building through any of the doors across the parking lot from the stadium. In the event of a wind emergency, once inside the school building you will be directed to a safe location. Please discuss your safety evacuation plan with your team before arriving.

Reference: Refer to IHSAA Spring Bulletin for questions or clarifications.

Contacts: Michelle Nolley, Alpha Timing, 317-403-8594, michelle.nolley@gmail.com

School Contacts: All participating schools should send to Michelle Nolley, michelle@alphatiming.net the following contact information by Monday, May 21 (12:00 pm):

coaches name, cell number

athletic director name, cell number

bus departure time

IHSAA need to knows:

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Field Event Warm-Ups: No athlete may begin warm up in any field event until their coach or the field event is present and remains there. Anyone warming up without the presence of either may be DQ'd. All athletes must leave the field event area when the event completes.

CALL UP: an athlete that is called back to fill the field to its max number needed, 16. You will not be notified (no call, text, email) of this, you will need to check heat sheets posted on the IHSAA website or where the meet host advises they will also post them.

CALL BACK: One which is called back due to a scratch in that event. We will text or call you that night to see if your athlete wants to compete in the regional. It is important that you respond asap to this message. If you know someone will not want to compete please see Alpha Timing before you leave the meet to report this.

Auto Qualifier: an athlete who finishes in the top 3 of their event in sectional or regional competition.

Welcome and good luck!