

Host: Raymond Park Intermediate and Middle School, 8575 East Raymond Street, Indianapolis, IN 46239

## Date: Saturday September 19, 2020

# Entry Fee: \$100 (\$50 per team) Please make payment to Raymond Park Middle School Athletics.

**Participating Schools:** Belzer, Center Grove Central, Center Grove North, Chapel Hill, Creston, Eastwood, Fall Creek Valley, Guion Creek, Lincoln, Lynhurst, New Augusta, Northview, Raymond Park, Stonybrook, Westlane

### **Approximate Time of Events**

7:30 AM Course Open for Touring- Course Map Link: MIIC Cross Country Championship

8:15 AM Coaches Meeting

9:00 AM Girls Varsity Race (top 10 varsity runners)

10:00 AM Boys Varsity Race (top 10 varsity runners)

Note: Once runners approach and load in the starting area, masks will be raised. The starter will signal when runners may lower their masks in preparation to race. There will be no run-outs prior to the start and no final instructions given by a coach or team huddle permitted.

#### **Varsity Race Awards**

Medals to 1<sup>st</sup> Place and 2<sup>nd</sup> Place Ribbons 3<sup>rd</sup>-30<sup>th</sup> Place

There will not be an awards ceremony this year, instead awards will be distributed to the schools to pass out to their runners.

### Admissions- Cash Only

\$5.00 Adults \$3.00 Children (Ages 5 & up)

**Buses** - May drop off at Indy Island Aquatic Center (located by softball diamonds) they may park in the Liberty Park Elementary School parking lot.

Trainer- Community Health Networks will have a trainer onsite for medical assistance.

Camp- Teams will be able to set up camp along our softball diamond fence near the concession stand.

**Restrooms**- Raymond Park has outside facilities attached to the building. Door 16 will also be unlocked and facilities will be open there as well.

**Concessions-** Concessions will be available near the football field. Our concession stand accepts cash only.

#### **Race Day COVID Guidelines at RPIMS**

- Face coverings are recommended for outdoor events when social distancing does not occur.
- Family units may sit together but must be using 6 feet of social distancing between another family unit.
- Avoid congregating near concessions or bathrooms when applicable.
- Concessions will be provided utilizing guidelines from ISDH and MCPHD. Concessions will be prepackaged, and concessionaires will be required to wear face coverings and gloves at all times.



# Please read this page fully, it will answer most questions!

- Entry will be done via www.athletic.net Online Entry. Instructions on how to use the system are posted there. Please read <u>fully</u> before emailing with questions.
- > Meet info is also posted @ www.alphatiming.net Event Info tab to view at any time.
- If you have an account from another meet this season or last year, CC or track, please use that username & password. No need to create a new account each year/season. Use the forgot password feature if you need help with your password. Use the same account for CC & track by choosing Manage roster for the one you want to work with. No need for different accounts for boy/girls if you coach/manage both.
- NEW COACHES: best thing is to ask prior coach to log in, add you as coach then you can remove them. If not possible then email athletic.net support to be added as a coach, this can take up to 48 hours so plan accordingly.
- USE proper names for each athlete in athletic.net. If you have a Joe but his name is Joseph use Joseph to register him, the IHSAA wants proper names used throughout the season.
- Simply enter your COMPLETE roster for each gender if you have not this season already, include grade levels for each. Enter into the meet UP TO 10to choose from on meet day, please help us by not 'forgetting' any runners. There are ample opportunities to check and re-check your entries for missing athletes, spelling, correct genders, etc. We are not concerned if they do not end up running once entered.
- 2 STEP entry process! Entering your roster is only step 1. STEP 2 is going to MEETS and choosing REGISTER for a specific meet and following the instructions on this process you will enter UP TO 9 into the specific meet.
- > You may check that you have correctly entered within athletic.net on the meet page itself. Please don't email to ask us, we'd love to help but with as many meets as we have it is impossible.

Roster Entry deadline Tuesday, September 15, 11am. After this time all entries are closed so we may prepare the meet for you.

- So we may run a great meet for you and your athletes please adhere to the manner in which we ask for your information; enter your ENTIRE TEAM; and adhere to the deadlines we ask for it all. Please don't wait until the last moments to begin the registration process, you won't stress yourself out this way!
- Email is the best contact. Please keep in mind that we will return most emails/calls during normal business hours M –T 10am-4pm; F 10am-noon.
- Results will be posted to <u>www.alphatiming.net</u> (prior to leaving the site), athletic.net & sent to the Indy Star, asap after the meet.
- \*Be sure to allow my emails, emails from support@alphatiming.net & from athletic.net back in to your server if using school accounts\*

Good Luck!