

2021 Mid-Hoosier Conference Junior High Track Meet 5:30 p.m. Thursday, May 13th

MID-HOOSIER CONFERENCE



Edinburgh Lancers

Host: Waldron High School

Time: Scratch meeting 5:00, Worker meeting 5:15, Field Events 5:30, Trials 6:00

Rain Date: Saturday, May 15th

Concessions: Available in the concession stand located to the North of the track.

Starters: Fred Chase, Tom Derrico, Kevin MaGaha (Clerk)

Entries: Due *Monday, May 10th 10:00AM.* – see last page for more information.

Admission: \$5.00, pre-school admitted free

Press Box: Only officials will be allowed in the press box, timing trailer, and tent.

Uniforms: All uniforms must comply with NFHS and IHSAA rules and must be school-issued. Shoes must be rubber sole running shoe or 1/4-inch spikes or less.

Track Area: Coaches will not be allowed in the track or field event areas. Coaches will be warned and meet stopped if it continues. Camps are not to be set up in the infield.

Workers: Each school is required to provide three (3) workers.

Awards: Ribbons and results may be picked up in the press box after the meet.

Games Committee: Shall be made up of the Assistant Starter, Meet Director, 1 member of AlphaTiming crew, and two Coaches.

Hospitality Room: To be used by meet workers, coaches, and ADs only.



Hauser Jets



Morristown Yellow Jackets



North Decatur Chargers



South Decatur Cougars



Southwestern Spartans



Waldron Mohawks

2021 Mid-Hoosier Conference Junior High Track Meet Schedule

(All Times Approximate – rolling schedule once we begin)

5:00 – Coaches meeting

5:15 – Workers meeting

5:30 – Field events: Boys start at Discus and Long Jump, Girls start at Shot Put and High Jump.

As the first rotation is completed, calls will be made for the switch.

6:00 – National Anthem

110 M Hurdles Boys 33”

100 M Hurdles Girls 30”

100 M Dash Boys

100 M Dash Girls

1600 M Run Boys

1600 M Run Girls

400 M Relay Boys

400 M Relay Girls

400 M Dash Boys

400 M Dash Girls

800 M Run Boys

800 M Run Girls

200 M Dash Boys

200 M Dash Girls

1600 M Relay Boys

1600 M Relay Girls

High Jump:

1. High Jump starts at the seeded height of the 10th athlete.
2. High jump will go up 2” to 5’0” for boys and 4’6” for girls, then 1” thereafter.
3. High jump bar will be raised or lowered as needed.
4. Boys and girls competition may overlap

Shot put/Discus: Shots will not be weighed, however each shot may be used by any thrower

1. 4 throws, no finals
2. Boys and girls competition may overlap

Long Jump

1. 4 jumps, no finals
2. Boys and girls competition may overlap

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Track & Field Workers

Course Clerk:	Kevin MaGaha North Decatur – Course Clerk Helper
Finish Line Help:	North Decatur South Decatur Waldron Waldron
Long Jump:	Hauser Hauser Hauser
High Jump:	Southwestern Southwestern Southwestern
Shot Put:	Morristown Morristown Morristown
Discus:	Edinburgh Edinburgh Edinburgh
Scorebook and Ribbons:	Waldron
Turn Judges & Exchange Zones:	North Decatur South Decatur Waldron Waldron
Hurdle Crew:	Waldron South Decatur

Turn Judges may bring a lawn chair and should bring a flag.

All schools are required to fulfill their worker allotment. Please send capable persons to work these events. Schools will be fined \$25.00 per worker that does not show up for that school.

Entries: WILL BE DONE VIA WWW.ATHLETIC.NET. COACHES YOU MUST REGISTER YOURSELF AND YOUR TEAM IF YOU HAVE NOT ALREADY THIS SEASON. IF YOU ARE A NEW COACH ASK THE OLD COACH IF THEY WILL LOG IN AND ADD YOU THEN REMOVE THEMSELVES OR CREATE YOUR ACCOUNT AND EMAIL SUPPORT TO ADD YOU AS A COACH, CAN TAKE 12-24 HRS. WE CANNOT ANSWER QUESTIONS ON ENTRY, YOU MUST USE THE CONTACT US WITHIN THE PROGRAM FOR ENTRY HELP.

- 2 entries + 1 alternate per event. Being an alternate counts as an event; up to 4 events per athlete.
- **Enter your alternates with NO TIME/NO MARK and check the box as the alternate.**
- You may list up to 8 possible relay participants, any 4 of which you may have report to the clerk to compete.
- No person will be allowed to compete if not listed either as the entered athlete or the designated alternate in that event and all changes to the designated alternates must be made prior to the start of the coaches meeting.

Entry/Performance lists will be posted for review as per the table following. Any corrections (missing athletes to be entered late with No Time/No Mark, new alternates, etc: no time/mark updates however) **MUST** be submitted to michelle@alphatiming.net by Coaches Correction date in the table or entry stands "as is".

Heat sheets will be posted as per the table following. Email your known allowed scratches up to 1:30 p.m. on meet day. After that see Alpha Timing as soon as you arrive with additional scratches. The URL www.alphatiming.net will be your meet resource.

Scratches: Email Michelle@alpha timing.net with any known scratches/replacements by 1:30 pm meet day. See Alpha when you arrive with any additional scratches. Help us speed things up by emailing those you know ahead of time. Only Head Coaches, scorers and AD's will be allowed in the scratch meeting (noise purposes). If traveling you may text scratches to Michelle @ 3174038594. **ALL SCRATCHES MUST** be in to Alpha Timing by the start of the coaches meeting.

IMPORTANT REMINDERS:

Electronics: Please advise your athletes that using or wearing any electronic device within competition areas is a violation of rules. This includes any area inside the track fencing and areas around all field events. This applies from the moment of arrival until they leave. Electronics may be used in team camp areas only.

Reporting to clerk: All athletes must report by 2nd call or risk being scratched. It is their Responsibility to listen for calls. No athlete will be called who is late in reporting. They must report for each event in which they compete.

Field Event WarmUps: Athletes may not warm up, cool down at any field event unless their Coach or the field event official is present. If the coach or official walks away the Athlete must stop warming up or must leave the event area if it completed. This is disqualifiable Offense so it is important that it be followed.



ENTRY INFORMATION - IMPORTANT

Entry Process: ONLY VIA WWW.ATHLETIC.NET ONLINE ENTRY SYSTEM

Use the support option within the program if you need help with the online entry system.

DO NOT WAIT UNTIL THE LAST MINUTE TO START THIS PROCESS. START EARLY!

YOU CAN MAKE CHANGES TO NAMES/EVENTS/MARKS/TIMES UNTIL THE DEADLINE.

- For your alternates please enter them with NO TIME/NO MARK and DO CHECK the Alt box.
- Sectional entry limits: 2 entries per individual event with 1 designated alternate per school.
- 1 relay per gender/school. You may list up to 8 possible relay participants.
- Being an alternate counts as an event, up to 4 events per athlete.
- You may only scratch and replace with your declared alternate, straight take out and replace method is used. No reseeding unless results in fewer heats.
- Once entry is submitted NO time/mark updates.
- Help us prepare the best meet for you by getting things done by deadlines and sending any known scratches via email ahead of time.

IMPORTANT MEET DEADLINES	
Coaches submit entries online via Athletic.net online entry www.athletic.net	10am – Monday, May 10 th
Entry/Performance List Posted (if all entries in) to www.alphatiming.net under Event Info	2:00pm –Tuesday, May 11th
Coaches' Corrections (missing athletes etc, not time/mark updates) Due By or stands as is after	10am – Wednesday, May 12 th
Heat Sheets Posted to www.alphatiming.net under Event Info	2pm – Wednesday, May 12 th
Meet Day early scratches w/replacements Due	1:30 pm – Thursday, May 13 th
Meet/Final scratches due by	5:00 pm – Thursday, May 13 th

www.alphatiming.net will be your meet resource to find meet info, heat sheets and results.

IHSAA Sectional rules will govern unless otherwise noted in this information.

Questions & Scratches: michelle@alphatiming.net