

# *Jon Mitchell Invitational Cross Country Meet*

## *Cascade High School*

**Date:** Saturday, September 14, 2019

<b>Time:</b>	High School Coaches Meeting & Packet Pick-up	9:05 a.m. @ timing truck
	Middle School Boys/Girls Race (3000m)	9:00 a.m. (coaches time athletes)
	High School Boys Race (5000m)	10:00 a.m.
	High School Girls Race (5000m)	5 minutes after last boy finishes
	High School JV Boys/Girls Race (5000m)	5 minutes after last runner finishes. (approx)
	Awards Ceremony	11:30 a.m. (approx)

**Teams:** Cascade, Cloverdale, Decatur Central, Eminence, Greencastle, Greenfield Central, Monrovia, Mooresville, North Putnam, Southmont, Speedway

**HS Race Info:** All high school teams must submit your entire team roster into the Varsity race, we cannot add anyone meet day. There will be a separate race for boys and girls varsity. We will have a combined boys/girls JV race and results will be available.

**MS Race Info:** See MS information page.

**HS Lane Assignment:** Will be written on your packet

**Entries:** Entry will be done via ONLINE @ [www.athletic.net](http://www.athletic.net) , all athletes into the varsity race.

Please see the last page of this information for other important information.

Please READ COMPLETELY the instructions posted online for the online entry process if you haven't used it this year, as well as, the information on the last page of this info

**DEADLINE:** by Monday, September 9th, Noon.

Results will be posted to [www.alphatiming.net](http://www.alphatiming.net) and athletic.net later in the day Saturday to view or print additional copies.

Questions regarding entry program should be directed to athletic.net.

Questions regarding the races or meet may be directed to Michelle Nolley @ [michelle@alphatiming.net](mailto:michelle@alphatiming.net)

<b>Awards:</b>	<u>High School Race(s)</u>	<u>Middle School Race(s)</u>
	Team Trophy—1 <sup>st</sup> Place	Team Trophy—1 <sup>st</sup> Place
	Individual Medals—1 <sup>st</sup> -10 <sup>th</sup>	Individual Medals—1 <sup>st</sup> -3 <sup>rd</sup>
	Individual Ribbons—11 <sup>th</sup> -20 <sup>th</sup>	Individual Ribbons—4 <sup>th</sup> -10 <sup>th</sup>

**HS Entry Fee:** \$125

**Team Camp:** Team camps may be set up behind the home football bleachers. Please do not set up camp on the soccer field.

**T-Shirts:** Jon Mitchell Invitational T-shirts will be available at the concession stand.

**Contacts:** **Scott Stevens**, Cascade HS, Athletic Director, (317) 539-9315 or (317)797-7032

**Zach Schroeder**, Cascade MS, Athletic Director (317) 539-9285 or (317) 681-4098

Thanks for joining us and GOOD LUCK!



## Jon Mitchell CC Invitational Entry Info

- Entry will be done via [www.athletic.net](http://www.athletic.net) Online Entry. Please read fully before using the CONTACT US on their page for help. They are on Pacific time so please do not wait until the day of deadline to begin your registration, allow them to respond to you during their business hours.
- If you have an account from another meet this season or last year, CC or track, please use that username & password. No need to create a new account each year/season. Use the forgot password feature if you need help with your password. Use the same account for CC & track by choosing Manage roster for the one you want to work with. No need for different accounts for boy/girls either, if you coach/manage both.
- **NEW COACHES:** best thing is to ask prior coach to log in, add you as coach then you can remove them. If not possible then email athletic.net support to be added as a coach, this can take up to 48 hours so plan accordingly.
- **USE proper names for each athlete in athletic.net.** If you have a Joe but his name is Joseph use Joseph to register him, **the IHSAA wants proper names used throughout the season.**
- Simply enter your COMPLETE roster for each gender, include grade levels for each. Enter into the meet EVERY athlete that has any potential to run, please help us by not 'forgetting' any runners. You can be sure you are entered by viewing the meet page itself within Athletic.net
- **2 STEP entry process!** Entering your roster is only step 1. **STEP 2 is going to MEETS and choosing REGISTER for a specific meet and following the instructions on this process you will enter your ENTIRE roster into the specific meet.**
- **You may check that you have correctly entered within athletic.net on the meet page itself.** Please don't email to ask us, we'd love to help but with as many meets we have it is impossible.
- Meet info is also posted @ [www.alphatiming.net](http://www.alphatiming.net) Event Info tab to read/view/print at any time.

➤ **Entry deadline: Monday, September 9<sup>th</sup>, NOON.** After this time all entries are closed so we may prepare the meet for you.

- So we may run a great meet for you and your athletes please adhere to the manner in which we ask for your information; enter your ENTIRE TEAM; and adhere to the deadlines we ask for it all. Please don't wait until the last moments to begin the registration process, you won't stress yourself out this way!
- Email is the best contact. Please keep in mind that we will return emails/calls during normal business hours M –T 10am-4pm; F 10am-noon.
- Results will be posted to [www.alphatiming.net](http://www.alphatiming.net) (prior to leaving the site as we can) & athletic.net asap after the meet.
- **\*Be sure to allow my emails, emails from support@alphatiming.net & from athletic.net back in to your server if using school accounts\***

**Good Luck!**

**Follow us on Facebook & Twitter!**