

# Hoosier Heritage Conference Middle School Track Meet Greenfield-Central High School Saturday, April 27, 2019

Admission: -- \$5

Order of Events: Girls before boys unless otherwise noted here

Long Jump (girls first)	High Jump (boys first)
Shot put (girls first) *8lb shot	Discus (boys first) 1kilo disc
4x800 relay 110 Hurdles Prelims (top 2 + next best times advance) 100 hurdles Prelims (top 2 + next best times advance) 100 Dash Prelims (top 2 + next best times advance) 15 min break approximately 110H final 100H final 100m final 1,600 4x100 Relay 400 800 200 Dash final 4x400 Relay	

Schedule:

- 9:30am -- Coaches Meeting
- 10:00am -- field events begin
- 11:00am -- 4x800 relay (Girls first)
- 11:30am -- time trials (100 hurdles, 110 hurdles, 100 dash, 200 dash)
- 12:00pm (approx) --National Anthem and beginning of final events
- 2:30pm (tentative) -- trophy presentation at finish line (East side of track)

Scoring:

- Points will be awarded to eight places (10-8-6-5-4-3-2-1)

Awards:

- Winning teams will receive the traveling HHC trophy
- Medals will be given to individual champions in each event
- Ribbons will be given to places 2-8 in each event

Entries:

- Will be done via [www.athletic.net](http://www.athletic.net) PLEASE READ FULLY the last page of this information on details. Help with the entry program must be directed to HELP within the program, not the timing company.
- BE SURE TO BEGIN your entry early so that if you have any questions you can get the answers, response time can be up to 24 hours and they are on CA time. You can get all of your roster in right away, you can do a line up and change it up until the deadline time. After the deadline passes the program locks, no additional work can be done.

### Participation:

- Each school may enter a maximum of **two** competitors per event.
- Each school may enter **six** participants in each relay.
- Coaches will need to check in the runners they plan to use in the relays with the course clerk.
- Individual participants may compete in a maximum of **four** events including relays.
- Participants in the running events will be seeded (please enter season's best marks into athletic.net)
- Long Jump, Shot Put and Discus participants will each have **three** attempts.

### Important Information:

- All participants will need to check in with the clerk at the staging area prior to their competition. This is very important as we will be using hip numbers.
- Only coaches and athletes who are participating in field events are allowed inside the track.
- Camps must be set up outside of the track.
- Athletes that compete in both running and field events should begin with the field events, checkout at second call for running event, then re-enter the field event immediately following the running event. Failure to immediately report back to the field event will result in disqualification in that event.
- Please tell your athletes to be prompt in reporting to their events. Athletes should report on the SECOND CALL by the announcer, to the clerk or to their field event.
- Your help may be asked for during relay races for the exchange zones.
- We will try and make early contact if weather conditions are not conducive to run the meet.
- Please make sure we have your correct cell phone number.
- If the meet is canceled, it may not be rescheduled.
- A concession stand will be open throughout the day. Please keep food and drinks (except water) off the turf football field.
- Starters:
  - Mark Roberson and Rick Whitener
- Clerk
  - David Murphy
- Meet Director
  - Alpha Timing

\*\*\*Check your spam folders for your invite to the meet, further email communications regarding the meet leading up to the meet day.



## ENTRY INFORMATION - IMPORTANT

Entry Process: ONLY VIA [WWW.ATHLETIC.NET](http://www.athletic.net) ONLINE ENTRY SYSTEM QUESTIONS ON THE ENTRY PROGRAM MUST BE SENT TO HELP WITHIN THE PROGRAM ITSELF, ALLOW 36 HOURS (CA TIME)

**DO NOT WAIT UNTIL THE LAST MINUTE TO START THIS PROCESS. START EARLY! THAT WAY IF YOU HAVE ANY ISSUES YOU HAVE TIME TO GET THEM RESOLVED.**

**YOU CAN MAKE CHANGES TO NAMES/EVENTS/MARKS/TIMES UNTIL THE DEADLINE.**

- For your alternates please enter them with NO TIME/NO MARK but DO CHECK the Alt box. NOTE: I cannot see your designated alts in the download, I have to guess unless you use the NT/NM for them so it is on you to check these on the perf lists when posted and notify of changes by the Coaches Correction deadline. Enter times/marks for those you are declaring to compete, do not use no time, no mark.
- See event entry limits on prior page.
- 1 relay per gender/school. You may list up to 6 possible relay participants.
- Being an alternate counts as an event
- You may only scratch and replace with your declared alternate, straight take out and replace method is used. No reseeding unless results in fewer heats.
- Once entry is submitted NO time/mark updates. Once Perf Lists are posted no new names added or changes to entry unless to designated alternate, this does not allow you to insert a new alternate however after Perf lists post.

**Coaches send your cell number and email address now to [Michelle@alphatiming.net](mailto:Michelle@alphatiming.net).**

IMPORTANT MEET DEADLINES	
Coaches submit entries online via Athletic.net online entry <a href="http://www.athletic.net">www.athletic.net</a>	Midnight– Tuesday, April 23
Entry/Performance List Posted (if all entries in) to <a href="http://www.alphatiming.net/EventInfo">www.alphatiming.net/EventInfo</a>	9pm –Wednesday, April 24
Coaches’ Corrections (missing athletes etc, not time/mark updates) Due via email	Midnight – Thursday, April 25
Heat Sheets Posted to <a href="http://www.alphatiming.net/EventInfo">www.alphatiming.net/EventInfo</a>	Noon– Friday, April 26
Meet Day early scratches w/replacements Due via email: <a href="mailto:michelle@alphatiming.net">michelle@alphatiming.net</a>	3 pm – Friday, April 26
Meet/Final scratches due BY in person to Alpha	9:30 am – Saturday, April 27

[www.alphatiming.net](http://www.alphatiming.net) will be your meet resource find meet info, heat sheets and results.

IHSAA Sectional rules will govern unless otherwise noted in this information.

Questions & Scratches: [michelle@alphatiming.net](mailto:michelle@alphatiming.net)

MEET MANAGEMENT RESERVES THE RIGHT TO ADJUST THE MEET FORMAT due to bad weather, including, but not limited to, changing to finals only in running and field events, moving up or delaying start times, and adjusting number of field attempts.