



IHSAA Semi State CC Championship

October 20th, 2018



Shelbyville High School is pleased to host the 2017 IHSAA CC Semi State. We welcome all qualifying competitors, coaches and spectators to the Blue River CC Venue at Blue River Memorial Park.

Course

Blue River Cross Country Venue, Blue River Memorial Park, 725 Lee Blvd, Shelbyville, IN
 Blue River CC Course (www.bluerivercc.com) has gentle rises, long straights, sweeping turn but it is deceptively challenging. The course is both runner and spectator friendly. The course is conveniently located off of I-74 with ample parking, restrooms, spectator areas and a splash park/play area for kids. Please visit the website for more information including spectator, bus info and course/park maps. The course is 10m wide all around, at times, even wider; turns are sweeping turns.

Competitors

The top 5 teams from each of the Ben Davis, Noblesville, Rushville and Shelbyville Regional sites plus the top 10 individuals not on qualifying teams from each will advance to the Shelbyville CC Semi State.

Races

You may have registered with the IHSAA up to 12 eligible runners and may choose any 7 of those 12 to compete on meet day. Per IHSAA rules there is no JV/Reserve Race, time trials or practice allowed on meet day prior to or after the race. If you change your names with the IHSAA from regional to semi state please also send an email to: michelle@alphaltiming.net **with the ok from the IHSAA** and the names coming off and those going onto the roster by the end of the day on Monday, October 15th.

Meet Schedule *****PARKING WILL NOT OPEN TO IHSAA EVENT TEAMS UNTIL 8:30am.***
Spectators may begin entering at 8:45 via the designated entrances to Blue River Park only.

8:30am	Bus parking opens into fairgrounds, course opens to teams, no spectators
8:45am	Park opens to spectators via spectator entrances
9:00am	Packet Pickup Opens
9:45am	Head Coaches meeting @ Finish Line
10:00am	Course closes
10:20am	Girls report to start line
10:30am	Girls race
11:05am	Boys report to start line
11:15am	Boys race
12:30pm	Awards*

*approximate time

Course Walks

All course walks/tours should be completed by 10:00am, at this time the course closes to all but meet officials.

Practice on the course

The course is open for practice. If you plan to practice on the course please email gary.nolley@gmail.com just to let us know you will be out there on what day(s).

Food will be available for purchase. Local catering will provide either breakfast items such as breakfast burritos or lunch items such as pulled pork. Will determine at a later date which. Trust us it is good! Plan to eat some, you won't be disappointed!!!

Admission

IHSAA event admittance fee is \$5 per person. Cash only, no passes accepted. Please remind spectators to have correct change to help move cars in faster in your communication with them. Media must contact SHS Athletics 5 days in advance as per the IHSAA Fall Bulletin for media credential.

Trainer

There will be trainers on site. Please come prepared with water and cups for your team, along with bags and ice for minor issues.

Facilities and Miscellaneous see www.bluerivercc.com for maps, parking, additional bus info

- **Print course maps to bring with you and for your spectators,** none available on site.
- There is space for team camp areas to the right as you enter from the fairgrounds, along the parking lot, or between the gully and the gravel road to the west. No team camps on the finish line side of the gravel road. Spaces are painted in the field.
- A shelter house is available to rent. Contact Shelbyville Park & Rec. 317.392.5128
- Splash pad area may be on during warmer weather, **NO SPIKES!!**
- Restrooms for spectators and athletes are available in the permanent buildings. Athletes may also use the port-o-pots located near the start line, in team camp area or awards area.
- BRCCV is a *'pack it in, pack it out'* park so please plan to carry your trash out with you and clean your area up or help us pick up other trash as you see it.
- NO showers available.

IMPORTANT Information to share with parents/spectators/bus drivers ahead of time!

- See the maps/instructions posted on www.bluerivercc.com for best ways into the park
- **No coaches/parents/coach's cars are to cross the grass area or be on the gravel drive to unload tents, coolers etc or to load them back up.** The Parks Dept has asked this to be enforced!
- **NO pets are allowed** within 75 yds of the course 2 hours before to 1 hours after awards. If a pet is brought it has to remain in the team camp area at all times and owner is responsible for all pet mess clean up. (it will not be allowed on the east side of the gravel path at any time)
- Restrooms for spectators and athletes are available in the permanent buildings. No spikes in the buildings.
- Spectators will not be allowed in or near the finish for any reason, they must remain behind flagging and must walk around it, not go under it when moving about. They must also take great care whenever crossing any part of the course so as not to interfere with any competitors.
- Please do not stand on the fence!
- Spectator parking will be available around the softball diamonds, the splash pad building and the soccer lot, shuttle rides from parking closer to the course will be provided.
- Handicap parking will be closest to the finish, those requesting to park there should show attendants their handicap placard. These spaces are first come, first serve.
- Be aware there is a walk of about 100m from the closest parking to the start and finish areas: some ADA gravel and some grass
- Busses will drop athletes off and park in the fairgrounds. Follow the signs for this. Spectators will not be allowed to follow busses into the fairgrounds.
- Several restaurants are located within 2 miles. Ask us ahead if you'd like recommendations!

Timing

Alpha Timing will be providing the timing using Finish Lynx, 2 view cameras, bibs & shoe chips will be used for backup. Each competing athlete should place the chip on their RIGHT shoe, securing it with their shoelace (they do not need to place it more than 2 laces in, just double/triple knot shoes tightly, check and re-check that this is indeed secured).

Finish Lynx is the ultimate method of timing, it integrates directly with the chip system and we monitor it as each athlete crosses the finish in real time. It will be used with a front on camera and a side view camera (same as used in TF). Athletes will also have a bib assigned and must wear it fully visible on their upper torso throughout the race. It should be pinned so that is tight against the chest. Encourage your athletes to NOT reach up at the line to click off watches, this obscures their bib number from camera views.

We may also have an additional camera system to be used as another backup.

There will be a finish clock and possibly clocks on the course at k's. All K's and miles are marked by permanent signage.

Results will be available to coaches at the conclusion of the awards ceremony, one per gender. Results will be posted to www.alphatiming.net for you to view or print additional copies, they will be sent to the Indy Star and the IHSAA prior to the awards concluding.

Course Movement by coaches/spectators

We only ask that both stay off the running surface as athletes are competing. There is plenty of room in the taller weedy area behind the grass 'curb' for coaches/spectators. There should be some 'cut throughs' to allow getting to spots the furthest back. Please no standing on the finish line fencing!

Busses

Busses will enter the Shelby County Fairgrounds and will be directed to the drop off point. They will then be able to see their parking area. (spectators will not be allowed to follow busses into the fairgrounds, see maps on www.bluerivercc.com)

Team Camps

Team camps will be set up just to the right as athlete's cross into the park, they may also be set up on the west side of the gravel path, in the gully or nearer the parking lot. They will not be allowed to set up on the east side of the gravel path (the side where the finish is located) NO ONE will be allowed to drive vehicles on the gravel path or over the grass to set up/unload/load team camps. It must be ferried from vehicles. Only MEET OFFICIALS will be allowed to drive these areas. No exceptions.

Course Maps

Print your own from www.bluerivercc.com for your team/spectator use.

Awards (each gender) per IHSAA provided

Team: Winning team – trophy plate; Top 5 teams – ribbons up to 7 competing members

Individuals: Top 20 individuals will receive ribbons.

The stage located near the finish will be used for awards. No team camps in this area.

Questions and contacts Course: www.bluerivercc.com

Meet Directors/Scoring: Michelle Nolley, michelle@alphatiming.net (email preferred), 317.403.8594

SHS Coach: Dan Theobald, dptheobald@shelbycs.org

SHS Athletic Director: Jenny DeMuth, jademuth@shelbycs.org, 317.398.9731 x2118

SHARE, SHARE, SHARE this information!!

REMEMBER spectators cannot follow busses into the fairgrounds.

Remind your spectators to leave pets at home!

Remind spectators there is a \$5 per person admission rate. Correct change will help keep things moving for everyone!!!

From Eastbound I-74: Exit 113, St Rd 9. Turn right off the exit toward McDonald's. Go to the 4th stop light (1st one once you've crossed the bridge) and turn left onto Mechanic St. Take this to the stop sign and go left onto Vine St, it will turn into Morris Ave after you cross a bridge. Then follow the ALL BUSES box at the bottom.

SPECTATORS following busses from this direction: Spectators who follow busses should take the Y on Morris Ave to the left, following the cemetery. Go through the stop sign straight, the park will appear on their right. They can enter via the gate off of Morris or continue and turn onto Lee Blvd and enter there.

From Westbound I-74: Exit 116, St Rd 44, go left under the interstate, go to the stop light. Go right. Follow this to the 5th stop light, Papa John's on the right, turning right onto Vine St and then follow the ALL BUSES box at the bottom.

SPECTATORS following busses from westbound I-74 should go left off the exit to the first stop light, turning right at the light going toward Starbucks. This is Lee Blvd. Pass by the side of Wal Mart.. The park entrance will be on their left after they cross the bridge.

From Eastbound St Rd 44: Bring 44 into Shelbyville, at the 1st flashing light turn left still following 44 signs. At the Stop Sign continue right, following SR 44 signs, at next stop light go left, still following SR 44, at next light go right (CVS on corner) staying on SR44. At the 2nd stop light past the CVS, Papa John's on the corner, just past KFC, go left onto Vine Street. Once on Vine go straight through the stop sign and then follow the box at the bottom from this point.

SPECTATORS following busses from this direction can go either way into the park by following the directions in the top box or by going straight on SR44 to the 3rd light past the bus turn off (Papa John's) and turn left toward Wal Mart, at the stop sign past Wal Mart turn left onto Lee Blvd, the park entrance will be on their left just over the bridge.

ALL BUSES: will be entering from Vine St: Morris Ave will Y, take the right angled road, Fair Ave, this will end at the entrance to the fairgrounds. Go right into the fairgrounds and the road will w, take the spoke going to the far left and follow it back to just at the barns, busses may stop here to unload and athletes can walk through the gate to the team camp area designated by signs to their right or ahead of them depending on weather. Busses may then park in the fairgrounds area grass.