

2019 Bill Self Track and Field Invitational

Franklin Community HS

Friday, April 19, 2018

Schools: Batesville, East Central, Franklin Community, Jennings County, Martinsville, Perry Meridian, and Shelbyville.

Coaches please email your cell and email address to: michelle@alphatiming.net so we may contact you with important information throughout the process.

IMPORTANT MEET DEADLINES	
Coaches submit entries online via Athletic.net online entry www.athletic.net	10am – Tuesday, April 16 th
Entry/Performance List Posted (if all entries in) to www.alphatiming.net/EventInfo	Noon – Wednesday, April 17 th
Coaches' Corrections (missing athletes etc, not time/mark updates) Due	10am – Thursday, April 18 th
Heat Sheets Posted to www.alphatiming.net/EventInfo	3pm – Thursday, April 18 th
Meet Day early scratches w/replacements Due	2:00 pm – Friday, April 19 th , 2019
Meet/Final scratches due by	4:45 pm – Friday, April 19 th , 2019

Entries: WILL BE DONE VIA WWW.ATHLETIC.NET. COACHES YOU MUST REGISTER YOURSELF AND YOUR TEAM. WE CANNOT ANSWER QUESTIONS ON ENTRY, YOU MUST USE THE CONTACT US FOR ENTRY HELP. THERE IS ALSO A VIDEO POSTED ON YOU TUBE: <https://youtu.be/WR7sPTSG7VI> Please watch before contacting them or Alpha with questions.

See last page, be sure to read all instructions carefully and remember deadlines.

2 entries + 1 alternate per event. Being an alternate counts as an event; Athletes may be listed in all 3 relays in addition to their individual events but may only compete in a max of 4 total events. See last page for the new rule regarding this for 2019.

You may list up to 8 possible relay participants, any 4 of which you may have report to the clerk to compete.

No person will be allowed to compete if not listed either as the entered athlete or the designated alternate in that event and all changes to the designated alternates must be made prior to or at the coaches scratch meeting.

Entry/Performance lists will be posted for review as listed above assuming all entries in on time.

Coaches Corrections are due by the time date/time listed above, this is for change of athlete needed, change of event etc but not for time/mark updates. Coaches it is your responsibility to re-check these and report needed changes prior to the correction period ending.

Heat sheets will be posted as above. Email your known allowed scratches up to 2 p.m. on meet day. After that see Alpha Timing as soon as you arrive with additional scratches. The URL www.alphatiming.net will be your meet resource.

Deadline: The Online Entry System will close to entry and changes at Midnight, Tuesday, April 16. NO EXCEPTIONS. Late entries will not be credited with times/distances, they will be seeded last. Please allow us to properly prepare the meet for you.

Coaches Meeting:

5:00 p.m. in meeting room located in the track locker room

ALL SCRATCHES MUST BE IN BY THIS TIME.

Straight take out and replace by alternates will be used, following sectional rules. There will not be any reseeding. Be sure to list alternates in all events. ONLY AN ALTERNATE LISTED IN A PARTICULAR EVENT MAY REPLACE A SCRATCHED ATHLETE IN THE SAME EVENT unless there is a verifiable injury that the trainer on site verifies. Bring a heat sheet copy with you to the coaches' meeting.

Time Schedule:

Coaches Meeting	5:00 p.m.
Field events	5:30 p.m.
4 X 800 Relay	5:30 p.m.
Track Trials	6:00 p.m.
Bill Self Award Recognition (50 yd line)	6:30 p.m. <i>Approximately</i>
Track Finals	6:45 p.m. <i>Approximately</i>

Admission:

\$5.00
No passes will be accepted.

Scoring:

Individual Events	10, 8, 6, 5, 4, 3, 2, 1
Relay Events	10, 8, 6, 5, 4, 2

Field Events:

- ◆ The field events will be in the following order:
 - a. 5:30 Boy's: discus, long jump; Girl's: high jump, shot put, pole vault
 - b. Followed by: Girl's: discus, long jump; Boy's: shot put, high jump, pole vault
- ◆ All implements not meeting weight specifications will be impounded until the conclusion of the competition.
- ◆ All field events will progress from trials to finals with the top nine going to the finals. The finalists in the shot put, discus, and long jump will be allowed three efforts in the trials and three more efforts in the finals.
- ◆ Each competitor will be credited with the best of all of his/her efforts.

- ◆ The participant must notify the field event judge that he/she is leaving to report to a running event. **RUNNING EVENTS TAKE PRECEDENT OVER FIELD EVENTS.** The participant has **10 minutes** to return to the field event from which he/she was excused after the completion of their running event.
- ◆ The warm-up height for the girls high jump will be 4'4" and for the boys 5'2". Competition in the girls' high jump will begin at 4'6" and will increase in 2" increments until 5 feet, with 1" increments thereafter. Competition in the boy's high jump will begin at 5'4" with 2" increments until 6'0".
- ◆ The boys' pole vault warm-ups will begin at 9 feet. Competition begins at 9 feet and increases in 6" increments. The girls' pole vault will begin at 7 feet and increases in 6" increments. *In order to keep the pole vault running in a timely fashion - - Athletes will have 1-1/2 minutes between each vault!

Running Events:

The first three (3) finishers in each heat of the trials and the next two (3) fastest times will advance to finals. The finals will begin at approximately 6:30 p.m.

Clerk of the Course:

Entrants should report to the north end of the straightaway to the Clerk of the Course by the second call in each event. Those athletes not reporting will be scratched. HIP numbers are being used so they must report to get this and must place it on their **RIGHT** hip where it is **FULLY VISIBLE** the entire race.(shorts/shirts cannot hide part of it, girls it is best to place on leg)

Entry Fee:

A \$150 entry fee is due by the event date and is payable to Franklin Community High School. All profits from this event go to the Brian K. Waymire Scholarship Fund that is awarded annually to an FCHS track athlete.

General Information:

- ◆ Teams should set up camps on the north end of the bleachers of the football field. There will be an area reserved for coaches at the very south end of the bleachers.
- ◆ Ribbons will be given to the first eight finishers in all events except relays where six places will be awarded. A trophy will be presented to the winning teams.
- ◆ At the conclusion of the meet, the team trophies will be presented.
- ◆ All races will be placed and timed. **The finish photo is available only to the meet director, head finish judge, starter, and assistant starter.**
- ◆ The Games Committee will consist of the assistant starter, one boys head coach, one girls head coach, 1 other coach & meet director, to be determined by volunteers or draft.
- ◆ Meet management reserves the right to change meet conduct, push, delay, or cancel the meet due to weather concerns.

Contact :

Bill Doty, AD, dotyfranklinschools.org, 317-346-8216 (s)
 Mike McClure, AAD, mcclurem@franklinschools.org, 317-346-8224 (s)
 Michelle Nolley, michelle@alphatiming.net, 317-403-8594 (c)



IMPORTANT ENTRY INFORMATION

Entry Process: ONLY VIA WWW.ATHLETIC.NET ONLINE ENTRY SYSTEM

DO NOT WAIT UNTIL THE LAST MINUTE TO START THIS PROCESS. START EARLY! (IN CASE SOMETHING COMES UP OR YOU NEED HELP FROM SUPPORT {CA TIME})

YOU CAN MAKE CHANGES TO NAMES/EVENTS/MARKS/TIMES UNTIL THE DEADLINE.

- For your alternates please enter them with NO TIME/NO MARK and type ALT into the note box.
- For your declared competitors please enter a legitimate mark or a probable mark.
- 2 entries + 1 alternate may be listed for each individual event.
- 1 relay per gender/school. You may list up to 8 possible relay participants.
- Being an alternate counts as an event, see new rule on last page but ultimately athletes may only compete in 4 events..
- You may only scratch and replace with your declared alternate, straight take out and replace method is used.
- No reseeding unless results in fewer heats.
- Once entry is submitted NO time/mark updates; once coaches correction period ends no switches of any kind except to declared alternates. (This does not mean you can declare another alternate, if you change to alternate).

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www.alphatiming.net will be your meet resource find meet info, heat sheets and results.

IHSAA Sectional rules will govern unless otherwise noted in this information.

Questions & Scratches: michelle@alphatiming.net

MEET MANAGEMENT RESERVES THE RIGHT TO ADJUST THE MEET FORMAT due to bad weather, including, but not limited to, changing to finals only in running and field events, moving up or delaying start times, and adjusting number of field attempts.

NEW IHSAA RULE FOR 2019, please read and be aware of this rule.

✓ **ATHLETE ENTRY LIMIT (NEW RULE NFHS Rule 4.2.2) READ CAREFULLY!!!**

A contestant shall not be entered in more than four events, excluding relays. If a contestant is entered in more than the allowable number of events, meet management shall scratch the contestant from the excess event(s) by following the listed order of events.

Contestant may officially enter:

Four Individual events No relays allowed.

Three Individual events May be listed on any number of relays but compete in only 1 relay.

Two Individual events May be listed on any number of relays but compete in only 2

Relays.

One Individual event May be listed on any number of relays but participate in only 3 relays.

Zero Individual events May be listed on 4 relays and may compete in 4 relays.

Penalty: A competitor who participates in more events than allowed by rule shall forfeit all Individual places and points and shall be disqualified from further competition in that Meet. In a relay event, the team's relay points and place(s) shall also be forfeited.