# Shelby County Boys & Girls Track Meet





 Date:
 Tuesday May 4, 2021

 Time:
 5:00 PM

Starter:Tom SimpsonClerk:Kevin McGahaTrainer:Trainer will be in the press box during the meetMorristown/Southwestern/Triton/Waldron

Hosted by Waldron High School

Admission:\$5.00, pre-school free, no passes acceptedConcessions:Available throughout the meet (located north of the track)

Workers:Each school will provide 3 workers to be assigned upon arrival High<br/>Jump:<br/>Discus:<br/>Shot Put:<br/>Long Jump: Waldron<br/>Scorebook: Waldron Timers:<br/>Runners: Waldron

### **COACHES INFORMATION**

- This is a seeded meet so you need to enter times/marks for all competing athletes. For alternates you can just enter no time/no mark.
- 2 entries + 1 alternate per field event; 1 relay per gender, per team with up to 8 names listed. Any 4 of which may compete meet night.
- For any issues with the online entry system please email their support directly.
- Four attempts for throwers. No trials. All field events are finals.
- Four attempts for jumpers. No trials. All field events are finals.
- All contestants must wear flat shoes, or shoes with a maximum of ¼ inch spikes.
- The announcer will be making FIRST, SECOND AND THIRD CALLS. On the third call, instructions will be given for each event, and then competition will begin.
- Please encourage your athletes to be prompt in reporting to their events. Athletes should report BY the SECOND CALL by the announcer, to the clerk of the course. Athletes not reporting shall be scratched and will be ineligible for any further events in the meet. Hip numbers will be used so checkin is very important.
- Your help may be asked to monitor exchange zones for the relay races.
- We will try and make early contact if weather conditions are not conducive to run the meet. Please make sure we have your correct cell phone number.

ORDER OF EVENTS

- 4:30 Coaches and Workers Meeting in the Bus Barn (Located North of the Track)
- 5:00 Boys Discus

Girls Shot Put Girls High Jump Boys Long Jump Girls Shot Put (FIELD EVENT ROTATION ANNOUNCED AS FIRST ROUND FINISHES) Girls Discus Boys Shot Put Girls Long Jump Boys High Jump

- 5:30 Announcements and National Anthem Girls before boys. FINALS ONLY, no trials.
  - 1. 4x800
  - 2. 100 hurdles
  - 3. 110 hurdles
  - 4. 100 dash
  - 5. 1600 run
  - 6. 4x100 relay
  - 7. 400 dash
  - 8. 300 hurdles
  - 9. 800 run
  - 10. 200 dash
  - 11. 200 dash
  - 12.3200 run
  - 13.3200 run
  - 14. 4x400 relay
  - 15. 4x400 relay

#### **IMPORTANT NUMBERS:**

Waldron Jr.-Sr. High School: Phone: 765-544-5588 Ken Howell: Athletic Director: 765-717-3962 khowell@ses.k12.in.us Martha Kolkmeier: Asst. Athletic Director: 317-364-1455

## **IMPORTANT ENTRY INFORMATION**

### Entry Process: ONLY VIA WWW.ATHLETIC.NET ONLINE ENTRY SYSTEM

### DO NOT WAIT UNTIL THE LAST MINUTE TO START THIS PROCESS. START EARLY, THINGS MAY COME UP THAT PREVENT YOU FROM GETTING IT DONE LAST MINUTE!

### YOU CAN MAKE CHANGES TO NAMES/EVENTS/MARKS/TIMES UNTIL THE DEADLINE.

- \*\*\* For your entries, those you want to compete, enter a time/mark. For your ALTERNATES DO NOT enter a Time/mark AND type ALT or Alternate in the note box!
- 2 entries + 1 alternate may be listed for each individual event.
- 1 relay per gender/school. You may list up to 8 possible relay participants.
- Being an alternate counts as an event, up to 4 events per athlete.
- You may only scratch and replace with your declared alternate, straight take out and replace method is used.
- No reseeding unless results in fewer heats.
- Once entry is submitted NO time/mark updates or switches of any kind except to declared alternates. (This does not mean you can declare another alternate, if you change to alternate).
- •

Remember coaches if you coach both genders choose both at the beginning of the meet entry process you may enter boys and then girls or at the same time.

IMPORTANT MEET DEADLINES	
Coaches submit entries online via Alpha Timing Online Entry <u>http://register.alphatiming.net/</u>	2pm – Friday, April 30 <sup>th</sup> , 2021
Performance Lists Posted (if all entries in) to <u>www.alphatiming.net/EventInfo</u>	11am - Monday, May 3
Coaches' Corrections Due	2pm – Monday, May 3 <sup>rd</sup> , 2021
Heat Sheets Posted to <u>www.alphatiming.net/EventInfo</u>	3pm- Monday, May 3 <sup>rd</sup> , 2021
Meet Day early scratches via email	2 pm – Tuesday, May 4 <sup>th</sup> , 2021
Meet/Final scratches due to Alpha in person by	4:30 pm – Tuesday, May 4 <sup>th</sup> , 2021

www.alphatiming.net will be your meet resource find meet info, heat sheets and results.

IHSAA Sectional rules will govern unless otherwise noted in this information.

Questions & Scratches: <u>michelle@alphatiming.net</u>

MEET MANAGEMENT RESERVES THE RIGHT TO ADJUST THE MEET FORMAT due to bad weather, including, but not limited to, changing to finals only in running and field events, moving up or delaying start times, and adjusting number of field attempts.