



## FRANKLIN CROSS COUNTRY INVITATIONAL SATURDAY, AUGUST 29, 2020

### **TEAMS**

Franklin Community, Bloomington South, Brown County, Center Grove, Corydon Central, Decatur Central, Greensburg, Greenwood Community, Greenwood Christian Academy, Indian Creek, Jennings County, Lawrence Central, Martinsville, Mooresville, Perry Meridian, Providence Cristo Rey, Seymour, Shelbyville, Terre Haute North

### **LOCATION:**

The Cross Country Course on the campus of Franklin Community High School – Located at 2600 Cumberland Drive Franklin, IN 46131. The course is located on the east side of the high school property.

### **ENTRY FEE:**

Please make check for \$150, which includes boys and girls, to Franklin Community HS Athletic Department, 2600 Cumberland Drive, Franklin, IN 46131.

### **MEET SCHEDULE**

7:30 - 8:00 AM	TEAM CHECK-IN/Packet pick up
8:00 AM	COACHES MEETING AT THE STARTING AREA
8:30 AM	GIRLS VARSITY RACE (10 runners max per team)
9:15 AM*	BOYS VARSITY RACE (10 runners max per team)

\*Approximate time after the girl's race to allow spectators of the first race to vacate the course viewing area. We will then allow spectators for the boys race to come across the bridge prior to the start.

### **PARKING**

Parking is available in any lot south and west of the high school building. Please do not park on the grass.

### **SPECTATORS**

We will only allow one spectator (parent) per runner. Face coverings are required and the parent must purchase a ticket at the bridge before crossing to the course viewing areas.

### **TENT AREAS & FACILITIES**

Team tents can be set up but must keep all four sides open to allow ventilation. Canopies can be set up in any area west of the creek (high school side). Portable restrooms will be available near the team tent area.

### **ENTRY INFORMATION**

Entry will be done via [www.athletic.net](http://www.athletic.net) online entry. SEE page 3 for specifics.

- Enter your entire team so they are in, but only register up to 12 into this meet, you will choose from these 12 to compete on meet day.
- Your confirmation that you have entered correctly is viewing the meet page within Athletic.net, you will be able to see your entries there. Or not getting a notice that you are late! 😊
- Be sure to follow all the directions for CC/Roster only entry completely.
- You do not need to declare your 10 runners for varsity, send 10 of the entered athletes to the line for that race..

## **TRAINER**

FCHS will provide a trainer, who will be located near the finish line as well as other medical staff.

## **ENTRY DEADLINE**

**FRIDAY, AUGUST 21, 2020 10am.** (remember enter your whole team into a.net roster, but only enter up to 12 into this meet to choose from to compete on meet day)

## **AWARDS**

No awards ceremony. All individual and team awards will be mailed. The team champions and the top 15 individuals for each gender will receive ribbons. Individual male and female champions will also receive an award. A team trophy will also be awarded.

## **REMINDERS TO COACHES:**

- Remind your athletes that removing shirts or running in the competition area without shirts is against the IHSAA rules and is cause for disqualification. The competition area is any area on the east side of the trees where the course is. This is from time of arrival until awards are completed.
- Please clean up your team camp area prior to leaving, thank you for your help
- Remind parents/managers/spectators to stay out of any fenced or flagged off areas at all times!  
IMPORTANT
- Typically this meet has been warm, prepare your athletes well and trainers will take care of them in the finish chute, all others should stay out of the area.
- REMIND your athletes that they need to QUICKLY walk all the way to the end of the finish chute before they bend down, collapse or anything of the like. It is their responsibility to maintain their position all the through the finish chute.
- Runners must wear face coverings at all times and at the start line prior to the run out.
- Coaches or their designee must be at the finish line chute to collect their runners and usher them back to the team camp once they know the runner(s) does not need medical attention.
- NO PETS!
- Inform parents that they should only cross the bridge to watch their child then go back to team area or leave so that we can maintain the social distancing we need. Boys parents should not cross the bridge until the boys are ready to compete.

## **QUESTIONS AND CONTACTS**

Bill Doty, AD, 317-346-8216, [dotyw@franklinschools.org](mailto:dotyw@franklinschools.org)

Ray Lane, Girls Coach, 317-364-6055, [laner@franklinschools.org](mailto:laner@franklinschools.org)

Adam Schwartz, Boys Coach, 317-525-7742 [schwartzad@franklinschools.org](mailto:schwartzad@franklinschools.org)

Mike Hall, Meet Director, 317-698-5977 [hallm@franklinschools.org](mailto:hallm@franklinschools.org)

Michelle Nolley, Meet Director/Scoring, [michelle@alphaltiming.net](mailto:michelle@alphaltiming.net)



Please read this page fully, it will answer most questions!

- Entry will be done via [www.athletic.net](http://www.athletic.net) Online Entry. Instructions on how to use the system are posted there. Please read fully before emailing with questions.
- Meet info is also posted @ [www.alphatiming.net](http://www.alphatiming.net) Event Info tab to view at any time.
- If you have an account from another meet this season or last year, CC or track, please use that username & password. No need to create a new account each year/season. Use the forgot password feature if you need help with your password. Use the same account for CC & track by choosing Manage roster for the one you want to work with. No need for different accounts for boy/girls either, if you coach/manage both.
- NEW COACHES: best thing is to ask prior coach to log in, add you as coach then you can remove them. If not possible then email [athletic.net](mailto:athletic.net) support to be added as a coach, this can take up to 48 hours so plan accordingly.
- **USE proper names for each athlete in athletic.net.** If you have a Joe but his name is Joseph use Joseph to register him, **the IHSAA wants proper names used throughout the season.**
- Simply enter your COMPLETE roster for each gender, include grade levels for each. Enter into the meet UP TO 12 to choose from on meet day, please help us by not 'forgetting' any runners. There are ample opportunities to check and re-check your entries for missing athletes, spelling, correct genders, etc. We are not concerned if they do not end up running once entered.
- **2 STEP entry process!** Entering your roster is only step 1. **STEP 2 is going to MEETS and choosing REGISTER for a specific meet and following the instructions on this process you will enter UP TO 12 into the specific meet.**
- **You may check that you have correctly entered within athletic.net on the meet page itself.** Please don't email to ask us, we'd love to help but with as many meets we have it is impossible.

➤ **Roster Entry deadline Friday, August 21, 10am .** After this time all entries are closed so we may prepare the meet for you.

- So we may run a great meet for you and your athletes please adhere to the manner in which we ask for your information; enter your ENTIRE TEAM; and adhere to the deadlines we ask for it all. Please don't wait until the last moments to begin the registration process, you won't stress yourself out this way!
- Email is the best contact. Please keep in mind that we will return most emails/calls during normal business hours M –T 10am-4pm; F 10am-noon.
- Results will be posted to [www.alphatiming.net](http://www.alphatiming.net) (prior to leaving the site), [athletic.net](http://athletic.net) & sent to the Indy Star, asap after the meet.
- **\*Be sure to allow my emails, emails from [support@alphatiming.net](mailto:support@alphatiming.net) & from [athletic.net](http://athletic.net) back in to your server if using school accounts\***

**Good Luck!**

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