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## Plainfield Cross-Country Relays

### Saturday, August 24, 2019

### Swinford Park

**TEAMS:** Avon, Beech Grove, Ben Davis, Brownsburg (Girls only), Cascade, Cathedral, Danville, Decatur Central, Franklin, Greenwood, Mooresville, Noblesville (Girls only), Pike, Plainfield, Speedway, Tri-West, Westfield, Whiteland

**LOCATION:** Swinford Park is located directly behind Plainfield Middle School (old Plainfield High School). Buses should park in the school parking lot by the tennis courts.

**ENTRY:** Use [www.athletic.net](http://www.athletic.net) online entry. Enter all of your athletes (complete roster) varsity & reserve and any coach running in the open race. Only those who are pre-registered with a team for the open race will be permitted to run.

**Roster due online by Monday, August 19<sup>th</sup> at NOON.**

**Pairs are due via an email to [michelle@alphatiming.net](mailto:michelle@alphatiming.net) by Wednesday, August 21<sup>st</sup> at 1pm.** (Alpha Timing personnel will be out of the office on business on Thursday & Friday so please get your pairs names in on time so they can prepare the pairs tags prior to having to be gone.)

Send any known minor adjustments to Alpha Timing as soon as you know of changes. Be sure to tell us who is out of each pair and who replaces. This helps Alpha Timing be more prepared for the coaches and allows you less stress the morning of the meet. You can still make minor adjustments up until the start of the coaches meeting, but it is most helpful for you, and Alpha Timing, to send changes as you know them prior to Saturday morning.

**ENTRY FEE:** \$75.00 PER TEAM, \$150.00 FOR BOTH BOYS AND GIRLS TEAMS  
**DUE BY AUGUST 29, 2019. You can delay payment in case of cancellation.**

**TIMES:**

Check-in	7:30 am	at Timing Trailer
Coaches Meeting	8:00 am	at Timing Trailer
Boys Varsity Race	8:30 am	6 miles (alternate each mile)
Girls Varsity Race	9:15 am	6 miles (alternate each mile)

**(VARSITY RACES MAY HAVE 10 RUNNERS ON 5 TEAMS OF 2 EACH)**

\*Boys JV Race 10:15 a.m. 2 miles

\*Girls JV Race 10:45 a.m. 2 miles

\*Any JV or Coaches only, must be registered with your team, no same day entry, not registered = not running. **NO SCORING FOR OPEN RACE, but race will be timed with printed results. This is the reason pre-registration is required.**

**AWARDS:**

11:15 a.m.                    VARSDTY ONLY  
Top 3 Teams Scored...winning team receives a baton.  
Ribbons for Teams placing 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup>  
Top 10 Pairs in Girls and Boys Varsity Race will receive ribbons.

**EXCHANGE AREA:**

We will rope/flag off the areas where your athletes can re-hydrate and stay loose during the relay portion of the meet. Please talk with your parents/spectators in advance about staying out of this area at all times. Coaches may be in the roped off area, but please help us keep the area clear of parents/spectators for the safety of the runners.



## Plainfield HS Hokem Karem Entry Info

- Entry will be done via [www.athletic.net](http://www.athletic.net) online entry. Instructions on how to use the system are posted there. Please read carefully before emailing with questions.
- STEP 1: Enter or update your team complete team roster, including grade levels. **The IHSAA is asking that proper names be used for athletes, not nicknames.** If you have a Joe but his proper name is Joseph, please use Joseph. \*Don't forget to add any coach's names that will run in the open races but you will want to delete them after the meet most likely so they do not get entered into other meets
- STEP 2: Enter your athletes/roster into this meet.
- Meet info is also posted @ [www.alphatiming.net](http://www.alphatiming.net). Event Info tab to view at any time.
- Your pairs names are due via email to [michelle@alphatiming.net](mailto:michelle@alphatiming.net) **by 1 pm on Wednesday, August 21st.**

- **Roster Entry deadline: Monday, August 19<sup>th</sup>, NOON.** After this time all entries are closed so we may prepare the meet for you. **PAIRS names DUE BY 1pm WEDNESDAY, August 21<sup>st</sup> via email to [michelle@alphatiming.net](mailto:michelle@alphatiming.net).**

- So we may run a great meet for you and your athletes please adhere to the manner in which we ask for your information; enter your ENTIRE TEAM and adhere to the deadlines we ask for it all. Please don't wait until the last moments to begin the registration process.
- Direct meet questions to: [michelle@alphatiming.net](mailto:michelle@alphatiming.net). Please be VERY specific in your question. For questions on athletic.net, please use the CONTACT US on the website.
- Email is the best way to contact me. Our business hours are normally M-T 10-4, F 10-noon, we appreciate emails and calls during those times. However, phone calls are hard to return with all the meets we have going. if you can please use email.
- Results will be posted to [www.alphatiming.net](http://www.alphatiming.net)  
**\*Be sure to allow my emails, emails from [support@alphatiming.net](mailto:support@alphatiming.net) and from athletic.net back in to your server if using school accounts\***

Good Luck!