

# JOHNSON COUNTY CROSS COUNTRY INVITATIONAL Saturday, September 29, 2018















## MEET SCHEDULE - \* JV and VARSITY COMBINED After the first race times are ONLY APPROXIMATE.

8:00 AM TEAM CHECK-IN

8:30 AM COACH'S MEETING AT THE STARTING AREA

9:00 AM HIGH SCHOOL GIRLS RACE \*
9:30 AM HIGH SCHOOL BOYS RACE \*
10:15 AM MIDDLE SCHOOL GIRLS RACE \*
10:45 AM MIDDLE SCHOOL BOYS RACE \*

AWARDS PRESENTATION WILL FOLLOW THE LAST RACE (AT THE AWARDS PODIUM)

# **COURSE LOCATION**

Course is located on the property east of Franklin Community High School. Parking is available in any lot except the northeast band lot. **Please do not park on the grass.** 

## **TENT AREAS & FACILITIES**

Team tents can be set up in any area west of the creek (high school side). Restrooms and water fountains will be available by entering doors 54 & 55 on the south east corner of the building. (Runners PLEASE do not wear spikes into the building!!)

#### **TRAINER**

FCHS will provide a trainer, who will be located near the finish line as well as other medical staff.

## **ENTRY DEADLINE**

Noon, Wednesday September 19, 2018

#### **ENTRY INFORMATION**

Entry will be done via www.athletic.net online entry. Instructions are posted. Please check your entry via the View Finalized Entry button.

**HS and MS will enter their entire rosters online**. If not entered, will not be able to run meet day. Everyone running must have a tag on, visible when entering the finish chute.

- You can check that you are entered correctly within the program itself.
- This is not Alpha's entry system therefore help needed with the program

Entry should be directed to the Contact Us within Athletic.net.

## **AWARDS**

Awards will be given out following the meet at the awards podium. The team champions and the top 15 individuals will receive ribbons. A team trophy will be awarded.

#### **REMINDERS TO COACHES:**

- Remind your athletes that removing shirts or running in the competition area without shirts is against
  the IHSAA rules and is cause for disqualification. The competition area is any area on the east side of
  the trees where the course is. This is from time of arrival until awards are completed.
- Please clean up your team camp area prior to leaving, thank you for your help
- Remind parents/managers/spectators to stay out of any fenced or flagged off areas at all times and to be always mindful of crossing any part of the course at any time. There could always still be athletes running!

## **QUESTIONS AND CONTACTS**

Bill Doty, Director of Athletics, 317-346-8216 <a href="mailto:dotyw@franklinschools.org">dotyw@franklinschools.org</a>
Ray Lane, Girls Coach, <a href="mailto:laner@franklinschools.org">laner@franklinschools.org</a>
Adam Schwartz, Boys Coach, <a href="mailto:schwartzad@franklinschools.org">schwartzad@franklinschools.org</a>
Mike Hall, Meet Director, <a href="mailto:hallm@franklinschools.org">hallm@franklinschools.org</a>
Michelle Nolley, Meet Director/Scoring, <a href="mailto:michelle@alphatiming.net">michelle@alphatiming.net</a>



- Entry will be done via www.athletic.net Online Entry. Instructions on how to use the system are posted there. Please read <u>fully</u> before emailing with questions.
- Meet info is also posted @ www.alphatiming.net Event Info tab to view at any time.
- If you have an account with us from another meet this season or last year, CC or track, please use that username and password. You do not need to create new accounts each year/season. Use the forgot password feature if you need help remembering your password. You can use the same account for CC & track simply by choosing Manage roster for the one you want to work with. No need for different accounts for boy/girls either, if you coach/manage both.
- USE proper names for each athlete in athletic.net. If you have a Joe but his name is Joseph use Joseph to register him, the IHSAA wants proper names used throughout the season.
- > Simply enter your COMPLETE roster for each gender, include grade levels for each. Enter into the meet EVERY athlete that has <u>any</u> potential to run, please help us by not 'forgetting' any runners. There are ample opportunities to check and re-check your entries for missing athletes, spelling, correct genders, etc. We are not concerned if they do not end up running once entered.
- ➤ 2 STEP entry process! Entering your roster is only step 1. STEP 2 is going to MEETS and choosing REGISTER for a specific meet and following the instructions on this process you may enter your ENTIRE roster into the specific meet.
- You may check that you have correctly entered within athletic.net on the meet page itself.
- Roster Entry deadline Wednesday, September 19<sup>th</sup> at 10am. After this time all entries are closed so we may prepare the meet for you.
- So we may run a great meet for you and your athletes please adhere to the manner in which we ask for your information; enter your ENTIRE TEAM; and adhere to the deadlines we ask for it all. Please don't wait until the last moments to begin the registration process, you won't stress yourself out this way!
- ➤ Email is the best way to contact me. Phone calls are hard to return with all the meets we have going on, please use email. Please keep in mind that we will return most emails/calls during normal business hours M –T 10am-4pm; F 10am-noon. We try for same day but at times that is just not possible.
- Results will be posted to <a href="www.alphatiming.net">www.alphatiming.net</a> (prior to leaving the site), athletic.net & sent to the Indy Star, asap after the meet. We will print limited sets of results to be picked up after the meet.
- \*Be sure to allow my emails, emails from support@alphatiming.net & from athletic.net back in to your server if using school accounts\*

Good Luck!

Follow us on Facebook & Twitter

