



Brown County High School

Brown County Schools prepares students to achieve success through quality instruction.

235 School House Lane • PO Box 68 • Nashville, IN 47448 • (P) 812.988.6606 •
Administration: Principal: Matt Stark; Assistant Principal: Chuck Hutchins; Athletic Director: Mark Bruner

TALON RELAYS

Saturday, April 20, 2019

Participants:

Boys –Heritage Christian, Madison,
Bedford North Lawrence, Columbus North, Silver Creek,
Brown County, Greensburg, Park Tudor, Providence Cristo Rey,

Girls – Crown Point, Heritage Christian, Bedford North Lawrence,
Columbus North, Silver Creek, Brown County, Seymour, Greensburg, Park
Tudor, Providence Cristo Rey,

Entry Fee: \$45 one team \$90 two teams

Awards: Eight places will be scored. Points will be 10, 8, 6, 5, 4, 3, 2, & 1. Medals will be given for 1st place and ribbons for places 2nd through 5th. Trophies will be given to the two winning teams.

IMPORTANT MEET DEADLINES	
Coaches submit entries online via Athletic.net online entry www.athletic.net	9am – Tuesday, April 16 th , 2019
Entry/Performance List Posted (if all entries in) to www.alphatiming.net/EventInfo	10am –Wednesday, April 17 th , 2019
Coaches' Corrections (missing athletes etc, not time/mark updates) Due	10am – Thursday, April 18 th , 2019
Heat Sheets Posted to www.alphatiming.net/EventInfo	Noon – Friday, April 19 th , 2019
Early scratches w/replacements	Email michelle@alphatiming.net as soon as heat sheets post
Meet/Final scratches due by	Beginning of coaches meeting

Limitations: **2 entries per individual event per team, 1 relay per gender/school**
Individuals will be allowed to participate in any four events.
2 – 2 person field event relays per gender/school, except PV will be only 1
2 person team/gender/school

Starters: Randy Barrett (Bloomington) TBA

Timing: FAT timing will be used.

Coaches' Meeting: The coaches' meeting will be in the high school's aux. gym at 10:00 am. Heat sheets will be available but you should print your own to bring and food coupons for coaches, etc. will be given out at the coaches meeting.

Parking: All buses are asked to unload and park in the large parking lot located in front of the Larry C. Banks Memorial Gymnasium.

Teams: All teams are asked to set up camp in the bleacher area.

Field Events: Each school may enter two 2-man teams in the high jump, long jump, discus, and shot put. There will be a team "A" and team "B" for each of these field events. Results will be based on each two person team totals. **Please note that pole vault will be limited to ONE 2-person team and will have 3 attempts each in LJ, SP, DT.**

Special Events:

Throwers Relay:

All four participants in this event should be involved in the weight events during the season.

Boys Shuttle Hurdle Relays:

Run over 5 hurdles with 45 ft. to the first hurdle with 30 ft. between hurdles and 45 ft. to the finish. The 1st and 3rd hurdlers will run high hurdles (39 inches) and the 2nd and 4th will run Intermediate hurdles (36 inches).

Girls Shuttle Hurdle Relays:

Run over 5 hurdles with 42'8" to the first hurdle, 27'10 ³/₄ " between hurdles, and 42'8" to the finish line. The 1st and 3rd hurdlers will run high hurdles (33 inches) and the 2nd and 4th will run low hurdles (30 inches). We will start at the finish line.

T-Shirts:

Event t-shirts will be printed on site this year with four different options for print color. Short sleeve will be \$12 and long sleeve will be \$20.00.

Schedule of Events: We will be on a rolling schedule.

10:00am Coaches' Meeting
10:35am Boys & Girls 4x1600 Meter Relay
(ASAP) One coach per-team to count laps at finish line...

10:35am Check in for field events

10:45am Field Events – (Boy's discus & long jump)
(Girl's pole vault, shot put & high jump)

Boys 100m dash trials
Girls 100m dash trials
Boys 110m high hurdle trials
Girls 100m low hurdle trials
Boys 400m relay (4X100)
Girls 400m relay (4X100)
Boys Distance Medley Relay (1200-400-800-1600)
Girls Distance Medley Relay (1200-400-800-1600)

BREAK- (15 minutes)

Boys 110m high hurdle finals
Girls 100m low hurdle finals
Boys 100m dash finals
Girls 100m dash finals
Boys 1600m relay (4X400) (3 Turn Stagger)
Girls 1600m relay (4X400) (3 Turn Stagger)
Boys 3200m run**
Girls 3200m run**
Boys 800m relay (4X200)
Girls 800m relay (4X200)
Boys Shuttle Hurdle Relay (4x55 Meter)
Girls Shuttle Hurdle Relay (4x50 Meter)
Boys Throwers Relay (4X100) (discus is the baton)
Girls Throwers Relay (4X100) (discus is the baton)
Boys Sprint Medley Relay (100-100-200-400)
Girls Sprint Medley Relay (100-100-200-400)
Boys 3200m relay (4X800)
Girls 3200m relay (4X800)

IMPORTANT ENTRY INFORMATION

Entry Process: ONLY VIA WWW.ATHLETIC.NET ONLINE ENTRY SYSTEM

PLEASE WATCH THIS VIDEO FOR HELP WITH ENTRY: <https://youtu.be/WR7sPTSG7VI>

DO NOT WAIT UNTIL THE LAST MINUTE TO START THIS PROCESS. START EARLY! (IN CASE SOMETHING COMES UP)

YOU CAN MAKE CHANGES TO NAMES/EVENTS/MARKS/TIMES UNTIL THE DEADLINE.

- 2 entries + 1 alternate may be listed for each individual event.
- 1 relay per gender/school. You may list up to 8 possible relay participants.
- Being an alternate counts as an event, up to 4 events per athlete.
- You may only scratch and replace with your declared alternate, straight take out and replace method is used.
- No reseeding unless results in fewer heats.
- Once entry is submitted NO time/mark updates or switches of any kind except to declared alternates. (This does not mean you can declare another alternate, if you change to alternate).

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www.alphatiming.net will be your meet resource find meet info, heat sheets and results.

IHSAA Sectional rules will govern unless otherwise noted in this information.

Questions & Scratches: michelle@alphatiming.net

MEET MANAGEMENT RESERVES THE RIGHT TO ADJUST THE MEET FORMAT due to bad weather, including, but not limited to, changing to finals only in running and field events, moving up or delaying start times, and adjusting number of field attempts.