

AARON STEPHENSON MEMORIAL INVITATIONAL CROSS COUNTRY MEET
AT LAPEL HIGH SCHOOL

DATE: TUESDAY, AUGUST 15, 2017

TIMES: (APPROX) 4:15-4:45 WALK COURSE
 5:00 BOYS RACE
 5:30 (approx) GIRLS RACE
 6:30 AWARDS CEREMONY (will start 10 minutes after
 girls race completes)

TEAMS PARTICIPATING: ALEXANDRIA, EASTBROOK, ELWOOD
 FRANKTON, LAPEL, MADISON GRANT

REPORTING OF TEAMS: ALL TEAMS MUST CHECK IN WITH ALPHA TIMING UPON ARRIVAL FOR
 PACKET PICK-UP. EACH RUNNER WILL HAVE A TAG WITH THEIR NAME.
 COACHES ARE RESPONSIBLE FOR GIVING THE ATHLETES THE CORRECT
 TAG. COURSE MAPS WILL BE AVAILABLE AT CHECK IN.

WALKING THE COURSE: WALKING THE COURSE WILL BE ON YOUR OWN. IT MUST BE
 COMPLETED BY 4:45.

RESTROOMS: RESTROOMS ARE LOCATED AT THE ENTRANCE.

DISTANCE: 5K, BOYS AND GIRLS

TEAM CAMP AREAS: TEAMS MAY SET UP CAMP ALONG THE OUTSIDE FENCE.
 TEAMS MAY NOT USE THE FOOTBALL FIELD AREA OR THE FOOTBALL
 PRACTICE FIELD.

ENTRY DEADLINE: Friday, August 11th, 10am. Enter all athletes into the varsity race.

ENTRY FEE: \$100 TOTAL, \$50 BOYS, \$50 GIRLS

****YOU WILL ENTER YOUR ENTIRE ROSTER into Athletic.net then enter all athletes that you want to compete into the varsity race. Remember athletes must have their 10 practices in to compete in this meet. (meet days do not count as practice days for those without 10 in)**



Lapel CC Invitational Entry Info

- Entry will be done via **www.athletic.net** Online Entry. Instructions on how to use the system are posted there. Please read fully before emailing them with questions. Since it is not our entry program we are unable to answer questions regarding the entry program itself.
- Do your registration early, you are entering your entire team so no reason not to do early 😊.
- Meet info is also posted @ www.alphatiming.net Event Info tab to view at any time.

- **Roster Entry deadline: FRIDAY, AUGUST 11th, AT 10am.** After this time all entries are closed so we may prepare the meet for you.

- So we may run a great meet for you and your athletes please adhere to the manner in which we ask for your information; and adhere to the deadlines we ask for it all. Please don't wait until the last moments to begin the registration process, you won't stress yourself out this way!
- Direct questions to: michelle@alphatiming.net please be VERY specific in your question or give me exactly what error you may be experiencing, copy and paste any error into the email, this will help me to get your answer as quickly as possible. Re-reading instructions may also be helpful.
- Email is the best way to contact me. Phone calls are hard to return with all the meets we have going on, please use email. Please keep in mind that we appreciate calls/emails during our business hours and will return most emails/calls during normal business hours M –T 9am-4pm; F 9am-noon. We try for same day but at times that is just not possible.
- Results will be posted to www.alphatiming.net and to athletic.net. One set of results per school/gender will be available after the awards.
- ***Be sure to allow my emails and emails from support@alphatiming.net back in to your server if using school accounts***

Good Luck!