

2017 IHSAA GIRLS TRACK & FIELD SECTIONAL
LOCATION: SHELBYVILLE HIGH SCHOOL
MCKEAND STADIUM
Hosted by: Shelbyville High School
TUESDAY MAY 16, 2017

POSTPONEMENT DATE -

Wednesday, May 17, 2017

Must be **severe** weather to postpone.

ENTRY LIST – via www.ihsaa.net Click G-TR then Create/Update Track Entry List

Please be sure to list full names of athletes and their grade. The computer will send an invalid notice if information is left out. A school may enter three (3) contestants in each event but only two (2) may participate unless all three (3) meet state standards. No contestant may participate in more than four (4) track and/or field events. A relay is an event. A school may enter one (1) team in each relay. Eight (8) participants may be named to a relay team, any four (4) of whom may be used if eligible. Do not place names on the entry list that are not entered in an event, alternates count as entered. **Indicate Alternates by placing an A following their t/d/h.**

Entry deadline is Thursday, May 11 at 4:00 p.m.

HOST ATHLETIC DIRECTOR -

Jennifer DeMuth, Athletic Director, Shelbyville High School

jademuth@shelbycs.org cell: 219-741-6222

MEET DIRECTOR -

Gary Nolley

PARTICIPATING SCHOOLS –

Beech Grove, Central Christian Academy, Franklin Central, Greenfield-Central, Indpls Lutheran, Indpls Marshall, Indpls Scecina, Morristown, New Palestine, Roncalli, Shelbyville, Triton Central, Warren Central

TIME SCHEDULE –Approximate Times Only

4:55 PM All Scratches must be finalized in athletic complex classroom (see note page 3)

5:00 PM Coaches Meeting in the athletic complex classroom

5:30 PM Start of all Field Events

5:50 PM 3200 M Relay Finals

Time trials will begin immediately upon conclusion of the 3200 M Relay

*****15 Minutes after the Trials end the Opening Ceremonies will be held*****

Opening Ceremonies

100 M High Hurdle Finals

100 M Dash Finals

1600 M Run

400 M Relay

400 M Dash

300 M Low Hurdles

800 M Run

200 M Dash Finals

3200 M Run

1600 M Relay

OFFICIAL RULES -

The official rules as stated in the current Track and Field Rule Book, published by the National Federation, and so further modified by the IHSAA, shall govern.

SEEDING -

1. Noon or prior to noon on **Saturday, May 13** we will POST to the website, www.alphatiming.net Event Info tab, **assuming all entries are received on time.** This information will not be sent via e-mail. It will be available only through the website. Please do not call for seeding.
3. Corrections of obvious errors and/or omissions will be considered if reported directly to the assistant commissioner, see the spring bulletin for more information. No changes for the purpose of gaining a competitive edge will be allowed. **Changes in times/distances/heights will not be permitted.**

ENTRY-

1. The entrant's best SEASON time/distance/height should be listed on the Official Entry List.
2. Schools are permitted to list three (3) participants in each event provided ALL have equaled or bettered the three (3) participant standards. Otherwise, only two of the three listed athletes may participate.

3 PARTICIPANT STANDARDS –

See the IHSAA Spring Bulletin for the times/marks for these. In order to enter 3 into the sectional this must have been met in a season meet with FAT timing. In order to advance from sectional to regional or regional to state the time must be in FAT and must be in the finals of the event. For field events it may come from any mark in their attempts.

MEET SCRATCHES:

In the athletic classroom you will find a table with listings of all the events with your entries, should you choose to scratch an athlete and replace (or not) with your alternate, simply mark the sheet. **This process must be finalized by 4:55 PM. You are encouraged to email any known scratches w/ or w/o replacements to michelle@alphatiming.net prior to 2 pm meet day.**

TICKETS -

All entered contestants in uniform, a student manager, and two (2) coaches shall be admitted free of charge. The principal and girls sports director or athletic director may gain admittance by signing at the gate. Admission for all other spectators shall be \$6.00.

CLERK OF COURSE -

Entrants in running events **must** report to the south end of the football field to the clerk of course by the **SECOND** call in her event, including all 4 in relays. Those girls not reporting shall be scratched and will be scratched from any further events in the meet.

Once reported they need to remain in that area. Hips will be used, left hip, be sure they know how to properly place hips to remain visible at all times during their race.

SCORING -

Eight places will be scored (10-8-6-5-4-3-2-1 respectively) in all events including relays. Ties must be broken for first place and for the last qualifying position. In all other cases of ties, points will be divided equally.

AWARDS -

The winning school shall receive a trophy. Ribbons shall be presented to individuals placing 1st through 8th in each event. All ribbons will be kept in team envelopes to be picked up at the press box at the conclusion of the tournament.

TRACK SPECIFICATIONS -

The Shelbyville track is an 8 lane all-weather surface. Only flats or 1/4" spikes will be permitted. The field event runways and the high jump surface are made of the same material as the track itself. The shot and discus pads are concrete.

REGIONAL QUALIFIERS -

Tuesday, May 23, 2017 at Franklin. 1st, 2nd, and 3rd place sectional winners in all individual events and relays plus any individual or relay team meeting the 3 Participant Standard in the sectional finals of each event. If the top 3 finishers plus 3 participant Standard advancers in an events is less than 16, the next best performances from the corresponding sectionals shall be added to bring the total number of entrants to 16 in each event. An individual or relay team shall not advance to the regional from the sectional finals unless the time is recorded by fully automatic timing (FAT).

TEAM AREAS -

Teams are requested to set up camps in the bleachers on the west side of the football field. No teams on the football field please. **Coaches/spectators/managers are required to stay out of the infield area at all times and behind the fence at the discus. Please clean your area when you leave!**

TRAINER -

A certified trainer will be available during the sectional.

LOCKER ROOMS/RESTROOMS -

Locker facilities will not be available, please have your athletes come dressed to compete. It is recommended that athletes use Athletic Complex restrooms upon arrival. PLEASE remind your athletes to NOT wear spikes in the school or our athletic complex bathrooms.

FIELD EVENTS -

- A. Warm-Up Period will begin when the field event official or the athlete's coach is personally present the whole time the athlete warms up. Warm Ups will end at 5:05pm.
- B. Shots and discuses will be weighed by the main gate side of the concession building as teams arrive. They will be marked. Anyone competing with an illegal implement will be disqualified.

- B. The high jump/pole vault bar starting placement will be decided by entries and will follow the ITCCCA and IHSAA format.
- C. The pole vault verification form should be pre-printed and filled out (available from the ihxaa.net website) must be turned in prior to competition.

RUNNING EVENTS -

- A. The 3200 meter relay will be run on a one turn stagger; all other exchanges use off the curve method; sections timed. If under 12 entries, can use box alley.
- B. There will be eight (8) qualifiers to the finals in the 100m, 100m hurdles and the 200m. Qualifying to finals will be the top two (2) finishers from each heat plus next two (2) fastest times.
- C. 200m will be run with a one turn stagger.
- D. 300mH will be run with a one turn stagger; timed final.
- E. 400m will be a timed final event.
- F. 400m/400m relay will be run with a two turn stagger and participants must remain in their assigned lane at all times.
- G. 800m, a one turn stagger; box alley; sections timed.
- H. 1600/3200m runs will start on a arc; waterfall.
- I. 1600m relay, three turn stagger; sections timed; #1 runners in lanes; #2 runners in lanes to break point beginning on back straight-away; 1st exchanges in lanes; all other exchanges use off the curve method.

Please refer to IHSAA Bulletin Spring

TIES -

Ties must be broken for 1st place and for the last qualifying position.

TIMING -

Timing and placing will be done electronically. FinishLynx Timing System will be used. Review of the finish will occur only as determined by the Referee-Starter and is not available to coaches or parents.

JURY OF APPEALS -

The Jury of Appeals shall consist of the referee (if one), assistant starter, the meet director, and two coaches, appointed during the scratch meeting by the Tournament Director. The Jury will serve in an advisory capacity only if the referee wishes to consult with them.

SCRATCHES FROM SECTIONAL TO REGIONAL -

Scratch cards from Sectional to Regional will be distributed in the packet at the scratch meeting. Cards must be turned in to the Meet Director in the timing trailer **within 30 minutes after the conclusion of the final event.**

OTHER PERTINENT INFORMATION -

- A. **Starting blocks will not be furnished by the host school. You must provide your own.**
- B. When a contestant is “scratched” from an event in a tournament series meet after the beginning of the first event of the meet, she is automatically eliminated from all other events in the tournament series unless excused by a physician licensed to practice medicine.

- C. The concession stand and restrooms will be open. Athletes use high school restrooms also
- D. Meet results will be available following the verification of the official scoring, as soon as possible, following the meet.
- E. SHS is not responsible for lost/misplaced/stolen property.

IHSAA need to know:

ELECTRONICS: Headphones, cell phones, iPods, etc are not to be used or worn by athletes in any competition area, this includes areas where they stage for shot and discus and anywhere inside the track fencing. This is in effect from arrival at the facility until time of departure. Coaches be sure your athletes know this in advance.

Field Event Warm-Ups: No athlete may begin warm up in any field event until their coach or the field event is present and remains there. Anyone warming up without the presence of either may be DQ'd. All athletes must leave the field event area when the event completes.

Uniforms: relay uniforms must match, all uniforms must be school issued, undergarments above the knee may be any color, any longer than the knee must be the same as one another and MUST BE A SOLID color. No logos should be visible, including on undergarments. Headbands must be logo-less and very narrow. **Many tights have color grading or panels for air that are different color than the main part of the tight, these are illegal.

Please contact AD Jenny DeMuth at 317-398-9731 or Michelle Nolley of Alpha Timing if any questions michelle@alphatiming.net

We wish to make this a successful and well run meet. Best of luck to all teams!

Emergency Contact Information-GIRLS TRACK SECTIONAL

In the event of inclement weather, please assist us in contacting you by providing the following information:

School: _____

Athletic Director: _____

Office phone: _____ Ext. _____

Cell phone: _____

Home phone: _____

Bus departure time: _____

Head Coach: _____

Cell phone: _____

Home phone: _____

Any other information necessary to contact those involved:

For your records:

Shelbyville High School

Athletic Director: Jenny DeMuth

Office Phone: 317-398-9731 ext. 2118 Cell: 219-741-6222

E-Mail address: jademuth@shelbycs.org

Meet Coordinator: Michelle Nolley, michelle@alphatiming.net or michelle.nolley@gmail.com.

Please return this form to Shelbyville High School as soon as possible.

Mailing address: 2003 S. Miller St., Shelbyville, IN 46176,

Fax # 317-392-5749 or e-mail information to: jcbowman@shelbycs.org